

Major Course Requirements

A minimum of 61 hours in the major and cognates

► **Required Core Courses (38-39 hours):**

HLTH 101	Health & Exercise Science Career Pathways	2
HLTH 201	Issues in Allied Health Professions	2

Science and Mathematics: At least 20 hours 20
Include courses from at least 2 separate areas

Area 1: Biology

Area 2: Chemistry

Area 3: Mathematics & Statistics

Area 4: Physics

Social Science: At least 12 hours 12
Include courses from at least 2 separate prefixes from ANTH, ECON, GEOG, PLSC, PSYC, or SOCI.

Health: At least one course 2-3

FDNT 235	Nutrition (3)
HLED 162	Fitness for Life (2)
HLED 166	Health Education (2)

► **Required Cognate Courses (23 hours):**

ENGL 101+102	College English I, II	4+4
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Humanities: At least 12 hours 12
Include courses from at least 3 separate areas*

* Students who have completed courses from 3 separate areas but are short of the required 12 hours may elect to apply up to 3 hours of approved applied arts coursework to the humanities requirement.

Area 1: Art

ARTH 115 or 116 History of Western Art I or II (4)

Area 2: History

HIST 101 or 102 History of World Civilizations I or II (4)

HIST 134 or 135 History of the United States I or II (4)

Area 3: Literature

ENGL 301 Themes in Literature (4)

Area 4: Languages and Cultures

Language and culture class: SPAN 105, SPAN 111, or SPAN 215

Area 5: Music

MUHL 105 Survey of Music (3)

MUHL 245 World Music and Culture (3)

Area 6: Philosophy

PHIL 101 Introduction to Philosophy (4)

Student Learning Outcomes

- Identify and describe the different roles of allied health professionals.
- Identify and analyze ethical issues facing allied health practitioners and the healthcare environment.
- Write clearly and effectively.
- Explain general scientific processes and techniques.
- Demonstrate an understanding of human diversity and behavior.

Occupational Information

The A.S. in Health Science is a general studies degree with an emphasis on the life and social sciences. This degree is appropriate for students with an interest in the field of health sciences.

Advising and curriculum planning is offered for students who wish to select a pre-professional program in conjunction with the A.S. in Health Science. Please consult with the pre-allied health advisor for additional information.

For More Information

Kinesiology and Health Science Department
 Health Science Advisor
 Pacific Union College
 One Angwin Avenue
 Angwin, CA 94508
 (707) 965-6344

General Education Requirements

To view general education requirements for this major, please refer to page A-07, Summary of General Education Requirements: A.S. Degree.

How to Construct Your Own Program

1. Counsel with your advisor.
2. Consider your aptitudes, interests, and available courses.
3. Schedule major courses and cognates first.
4. Fill the rest of your schedule with G.E. requirements.
5. For the freshman year include English, Religion, and PE courses. Also include Basic Algebra I+II unless waived by previous work.

What the Degree Includes

- A total of 90 quarter hours including:
1. General Education requirements.
 2. Major requirements.
 3. Minimum 2.0 GPA, overall and major.

Sample Two-Year Program

This sample curriculum is designed to show you how a program may be constructed to help you select a proper sequence of courses in the major. It is not likely that these courses can always be taken in the order given. Your advisor will help you design a personalized program of studies.

First Year	F	W	S
Health & Exercise Science Career Pathways	2	-	-
Science & Math Coursework	-	4	4
Social Science Coursework	4	-	4
Health Coursework	3	-	-
College English I, II	4	4	-
Humanities Coursework	-	-	4
General Education/Electives	2	7	3
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	15	15	15.1
Second Year	F	W	S
Issues in Allied Health Professions	-	-	2
Science & Math Coursework	4	4	4
Social Science Coursework	4	-	-
Humanities Coursework	-	4	4
Assessment Seminar	-	-	0.1
General Education/Electives	7	7	5
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	15	15	15.1