

COMMUNITY

PUC's second annual Service Day took place on Thursday, Oct. 19. Read what students had to say about their work.

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CAMPUS

A major renovation is planned for Paulin Recital Hall. Learn how you can become a part of PUC history.

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CONVERSATION

Students suggest books, shows and films for post-midterm de-stressing. Find one to enjoy on your next day off.

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PUC Service Day Starts to Find its Footing



Jonathan Fernandez, Ally Arenas-Sosa and Abby Huerta outside Rancho de Calistoga, a 55+ community.

By Justin Taina

A nascent tradition at PUC, this year's Service Day took place on Thursday, Oct. 19. Students, faculty and staff traveled to nine locations across the Napa Valley to perform acts of service, from garden projects at the veterans home in Yountville to assisting with preparations for the St. Helena Harvest Festival.

The push for a day of community volunteering was started last year by Dean Milbert Mariano and former staff member J.R. Rogers. This year's event was headed by Director of Student Involvement Niq Ruud and Director of Service Learning Tuwan Ussery. Ruud handled internal logistics, organizing transport, breakfast

and messaging, while Ussery organized and communicated with potential volunteer locations.

Ruud indicated that there was more institutional support for this year's event, but a substantial drop in student involvement — roughly 20%, according to Ruud — led to some sites being significantly short-staffed.

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FROM THE EDITOR

What brings you comfort in uncertain or alarming times? I've always turned to art for guidance, and most often for me it's the literary arts. Literature and poetry, words, words, words; words carefully selected and arranged, words splashed with abandon across the page; words that whisper, words that bite, words that keep me up all night.

I know I'm not alone in this. Others may draw this same comfort from different mediums — film, architecture, comics — but I believe, at its core, our powerful emotional response to and need for art is as close to universal truth as we're likely to get.

I am happy to share with you this issue of the *Campus Chronicle*, in which the arts take center stage. Colin Russ has curated a breathtaking collection of artworks, submitted by student creatives across multiple departments right here on campus. Joli Weber sheds light on the intense and

vulnerable process of production, revision and distribution undertaken by the students in PUC's first-ever podcasting class. Ruby Brauer brings us students' recommendations for art across diverse genres that have had a lasting impact. And of course, you'll find a new comic in here by our amazing illustrator Soren Nelson. I'm sure some of you are reading this just for that!

Art is something we give to others that's not just consumable, something that has the potential to continue giving endlessly without exhausting its capacity to move or provoke. That spirit of service is here in this issue, too, as we explore how PUC humbly answered the call at last week's Service Day.

As you read through this issue, I hope you'll think about the role art has played in your own life, especially over these last few chaotic, uncertain weeks (and months, and years). Take comfort in sharing your



voice and perspective. Commit to giving something of yourself to others. And make room for your own art, whatever that may be.

*Cheers,
Charlie Kefalos
Editor-in-Chief*

CAMPUS

Welcome to Intro to Podcasting! I'm Your Host, COMM-490

By Joli Weber

This quarter for COMM-490: Issues in Communication, adjunct professor Sean Trace is offering something completely new for communication majors. Trace, host of "The Sean Trace Show" and "Growing Money," collaborated with professor Tara Hargrove to establish a podcasting course that would give students at PUC a new set of tools to succeed in the fast-paced communication profession. The resulting class, "Intro to Podcasting," gives communication students an opportunity to dive into a new medium while starting to build their portfolio.

"The topic for COMM-490 is dynamic ... reflecting the evolving landscape of communication," said professor Trace. "Each semester, we explore cutting-edge subjects that are relevant to today's media and communication industries, ensuring that our students stay ahead of the curve. This semester we are looking at the different types of podcasts and giving

students a chance to create each of those different genres."

This course empowers students to explore a unique avenue in their field. Students learn practical skills and get exposure to different career options, from public relations and marketing to journalism and media production, for the purposes of self-discovery and creating a unique brand.

Students are required to complete one new podcast each week, centering their topic around a theme provided by professor Trace. Examples of themes include introductory episodes, true crime, interviews and impromptu. Students must also create their own logo and visuals to accompany their podcast.

Junior strategic communication major Shannea Minell Santiago, junior communication major Anna Ramos Marín and senior marketing communication major Celia Cruz Poblete teamed up to create their podcast "COMM & Hang."



Cruz, Marín and Santiago in the recording booth for their impromptu podcast episode.

The trio focuses on "talk[ing] all about our college lives, giv[ing] input on certain topics and also giv[ing] advice about one's career and what one can do with it."

At their disposal is equipment such as video cameras, microphones and a sound system. Students utilize this type of equipment to record episodes, afterwards editing the content.

"The editing process is a love-hate relationship for me," Santiago explained. "While I love seeing the final product, getting it to a point where I like it enough plus being a perfectionist is not fun."

From this class, students gain insight to an avenue of communication that has

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COMMUNITY

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From the students' perspective, there appears to be a sense that Service Day was overshadowed by the stresses of midterm week. Midterm exams, along with a slew of assignments and projects, were a common reason cited for the lack of attendance.

"If I didn't have a test, I would have gone," said Trinity Cao, a sophomore biology major.

Jeremy Lanier, who works as a TA in the biology department, shared another perspective, suggesting it may have been better to have more options on campus. He pointed to the ever-increasing workload that Facilities Management faces and suggested general landscape upkeep, cleaning out the academic halls and emptying out old storage rooms as possible Service Day options in the future.

"Seeing a cluttered, dirty, or broken facility ... you lose respect for it," he said.

Despite the lack of on-campus activity, one notable exception involved maintenance of PUC's new disc golf course. PR&Marketing Vice President Tessa Hutzkal described the clean-up as an overall "positive" activity.

"I know myself and all the other volunteers clearing out the disc golf course worked really hard; we made a large, visible impact, and it felt really good," she said.



Melissa Lopez and Justin Vital on leaf-raking duty at one of the UpValley sites.



President Trecartin works with the students at one of the UpValley sites.

Beyond the organization, there were concerns raised with a few of the sites. One group of roughly 30 students were sent to a Napa Health-sponsored event and given a presentation on opioids, fentanyl and overdoses. Attendees were also shown how to prevent fatalities using Narcan nasal spray. But while informative, some students did not feel that they helped with any pressing needs.

"I made some impact ... I now have the knowledge to administer Narcan, but was that the goal?" said freshman Joaquin Verduzco. "Having them speak at Frontiers would have been a better alternative."

Verduzco points to a lack of transparency in regards to the service options that were made available.

"Get better descriptions of the options and say what we're gonna do. Those who want to do those things will do them," he said. Similarly, junior Akemi Ohara wished that more information on each site was divulged beforehand.

"I think it would be beneficial to know our job before heading into it," she said. "This information can personally allow me to prepare physically, mentally and spiritually."

Two major work sites, UpValley 1 and 2, attracted only 40 and 10 volunteers, respectively, of the 100 that were requested. The UpValley sites largely involved trail maintenance, cleaning up the trailhead and bus stop leading to one of the main Napa trails and assisting with yard work.

The struggle to fill either UpValley site with even half of the requested 100 volunteers suggests that there were too many sites with too many students expected

to fill them. Hutzkal suggested bringing back past Service Day activities to engage more students in the future such as assisting a senior living center and helping residents with the use of computers and phones.

"That was a wonderful opportunity that made me feel like I was really helping people and serving," she recalled. "I hope to see more things like that come back again in the future."

Even with reduced participation this year, students who did participate felt the joy of making a difference. Ohara described her service experience with optimism.

"Me and my friend Diana helped an older woman with her yard work. These simple tasks go a long way," she said. "I am so grateful for having the opportunity to contribute to something bigger than myself." ■



Mackenzie Wheeler helps rake leaves from an elderly man's lawn in Calistoga.

CAMPUS

PUC Students, Faculty Play for Paulin Hall



Attendees appraise bid items at the Paulin Recital Hall fundraiser's silent auction.

By Charlie Kefalos

On Sunday, Oct. 22, PUC's Office of Alumni & Advancement held a brunch fundraiser and silent auction for the benefit of the Paulin Recital Hall renovation committee. The event, held in Hangar 25 at the Angwin Airport, drew nearly 100 guests from a list of donors and patrons of the arts across the larger Napa Valley.

Though the day's rain began earlier than expected, guests enjoyed the atmosphere created by the open doors of the airplane hangar, lent by its anonymous owner for the occasion.

Several PUC students performed musical selections throughout the afternoon, showcasing a wide variety of genres and instruments. Gabrielle Cortez performed Henryk Wieniawski's solo violin showpiece *Légende, Op. 17*, and SA President Kaitlyn Nakanishi sang a contemporary tune, Zina Goldrich's "Taylor, the Latte Boy."

Professor of music Rachelle Davis also performed on violin alongside Elena Casanova's piano to Italian composer Vittorio Monti's *Csárdás*, based on the traditional Hungarian folk dance. Delia

Bennett, Diego Mariano and Adelene Bellah-Ramirez, who are involved with PUC through the community-focused music instruction program Paulin Center for the Arts, rounded out the program with selections on guitar, piano and violin, respectively.

DeAnna Cordis, Director of Project Management for Advancement, explained that the goal of the event was to engage community members from outside of the immediate Angwin and PUC areas. The committee hopes to supplement an original donation of \$150,000 from the Angwin Community Ambulance Company, a local non-profit that dissolved in 2019. The ACAC board members, many of whom

"The goal of the event was to engage community members from outside of the immediate Angwin and PUC areas."

are either music lovers or PUC alumni, specifically earmarked those funds for a long overdue renovation of Paulin Hall.

The planned refurbishment, including new carpets, stage stairs and seating, fresh paint and state-of-the-art sound and lighting equipment, will be the first full remodel of Paulin Hall since it opened in April of 1967.

"The plans to remodel Paulin have been in the works since before I was a freshman, so it's amazing to see things finally happening after so much work fundraising," Nakanishi said. "The PUC music department has world-class, personable teachers and in my humble opinion is one of the best kept secrets within the Adventist church."

Leila Beltran, president of the PUC Music Club, is excited to see the new sound system put in place. "I think that the renovation is exciting because of the opportunities it creates," Beltran said. "I came from a small school, and we didn't have a space like that to put on shows or concerts." The Paulin Recital Hall committee still hopes to raise an additional \$175,000 to put toward these

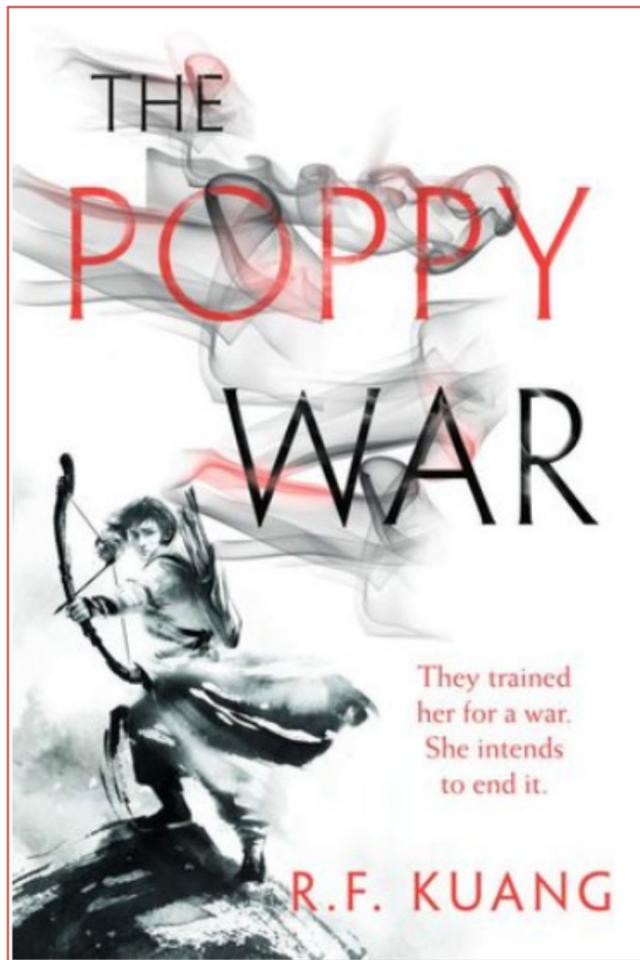
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CONVERSATION

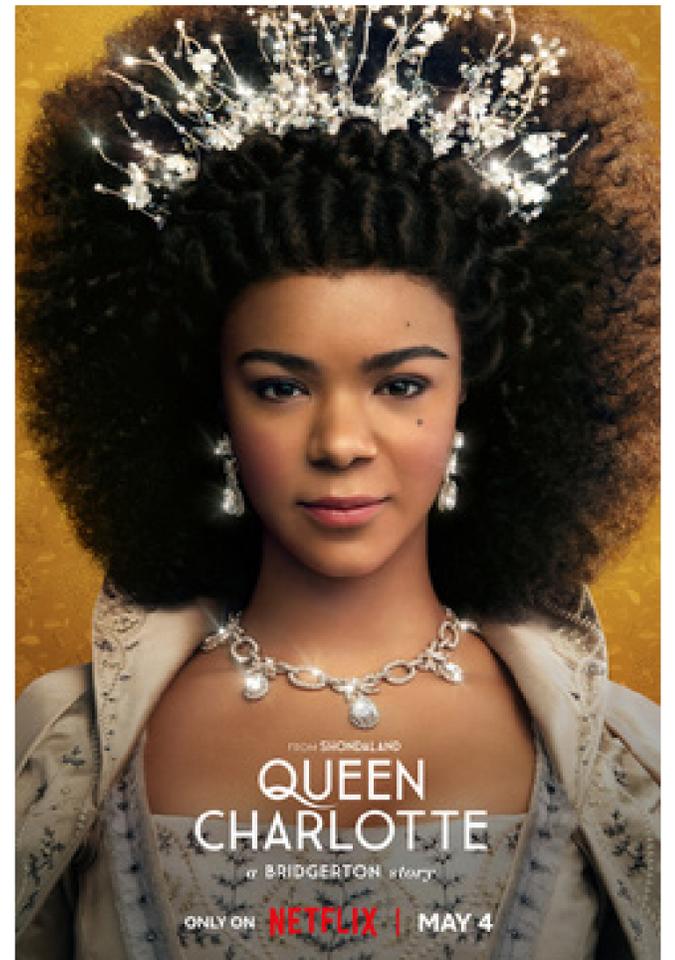
Nine Student Entertainment Recommendations for Battling Midterm Blues



Courtesy of The Movie Database.



Courtesy of Harper Voyager.



Courtesy of Netflix.

By Ruby Brauer

With the quarter in full swing, it can be hard to find time to relax and take some time to yourself. However, it is important to rest and take breaks even when that seems impossible. The following is a list of book, movie, and TV show recommendations from PUC students, for PUC students, that will hopefully encourage you to set down your textbooks and be at peace for a moment.

Movies

“RRR”

Genres: Action, Drama

Length: 3h 7m

Streaming Service: Netflix

Language: Telugu and English

“This award-winning film follows two main characters who are working towards a revolution in India. This film will have you sitting on the edge of your seat from beginning to end. It may be long but I can not recommend this movie enough. If you have the time and want a new movie to add to your favorites, this is the one for you.”

“Puss in Boots: The Last Wish”

Genres: Adventure, Comedy, Animated

Length: 1h 40m

Streaming Service: Netflix

Language: English

“This was a movie that caught a lot of people off guard. Between its beautiful animation style and comedy that people of every age can enjoy, this film has it all. Being shorter in length, this is a film that can be enjoyed casually. If you want to have a good laugh and watch a heartfelt story you should absolutely check this one out.”

“The Fifth Element”

Genres: Sci-Fi, Action, Romance, Space Opera

Length: 2h 6m

Streaming Service: Tubi

Language: English

“This will be the curveball film of this list. This cult classic within the sci-fi genre may be unknown to many people, but it is a staple within the genre. With dynamic characters and a fascinating story it is sure

to capture your attention and hold it for the whole film. If you want to experience an older classic within the sci-fi genre this is a must-watch.”

Books

“Tress of the Emerald Sea”

Genres: Adventure/Fantasy

Author: Brandon Sanderson

Page Count: 365

“This book is a wild ride when it comes to story. With a very unique concept and amazing characters, this book is an experience that needs to happen with little to no knowledge of what you are getting into. The one thing I will leave you with is there is a lot of boat travel on an ocean made of spores instead of water. If this intrigues you at all, I highly recommend it.”

“One Last Stop”

Genres: Romance

Author: Casey McQuiston

Page Count: 417

“If romance and time travel interest you,

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proven especially resonant in the digital age. Combining news reporting and interviewing with creative aspects such as producing and editing content allows students to expand their portfolio.

“Transitioning from being in front of the camera to being behind it, while also learning editing as we learn how to podcast, can feel overwhelming at times,” Marín said. “However, I’m truly enjoying every step of this process.”

Intro to Podcasting is a new topic for COMM-490 since the purpose of COMM-490 is to gauge interest in a topic. If the topic is well received, it will be considered for a standalone course offered to students. ■

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renovations, and to that end an additional fundraiser has been organized. With a tax-deductible donation, benefactors can arrange to have a customized plaque installed on the back of one of the new Paulin Hall theater seats.

“It’s the answer to that old question — what gift do you get the person who already has everything?” Cordis said. “It’s perfect because you don’t have to do anything with it, but it’s still very personal.”

Interested in becoming a part of PUC history? Reach out to Advancement at advancement@puc.edu. If you aren’t convinced yet, show your support by attending the upcoming Paulin fall recital on Sunday, Nov. 5 — you may find the spot that’s just right. ■



Kaitlyn Nakanishi sings “Taylor, the Latte Boy,” originally performed by Kristin Chenoweth.

CONVERSATION

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then this is the book for you. With a fateful meeting on a train and a detective trying to uncover the mystery of this new person she has met, the story is gripping and a beautiful read. If romance is your genre and you have not checked this one out yet, you definitely should.”

“The Poppy War”

Genres: Historical Fantasy

Author: R. F. Kuang

Page Count: 530

“Being the first book in a trilogy, this book has a big impression that it needs to set. This book is not for the faint of heart, but for those looking for a traumatic and heart wrenching story this is where you should be looking. Full of morally gray characters and a brutal setting, this book gives you hope and then takes it away from you. This series as a whole I would recommend, but I would only read it once unless you like crying for weeks after each reread.”

TV Shows

“Adventure Time + Fionna and Cake”

Genres: Action, Adventure, Fantasy, Animated

Seasons: 10, plus spinoff shows

Streaming Service: Hulu and Max

Language: English

“Many people have seen “Adventure Time,” but with its recent spinoff “Fionna and Cake,” there is no better time to rewatch it. Its wacky comedy and loveable characters prove that this show has it all throughout its many seasons. “Fionna and Cake,” with its slightly more adult themes, will also interest people who want a more mature themed show.”

“It is important to rest and take breaks even when that seems impossible.”

“Queen Charlotte: A Bridgerton Story”

Genres: Historical Drama

Seasons: 1

Streaming Service: Netflix

Language: English

“For “Bridgerton” fans, this recent addition adds a unique take to the series. For those who are new to this genre, this series will provide a wonderful balance of romance and historical fiction. If history and romance are your fancy this is a must-watch.”

“Ahsoka”

Genres: Action, Sci-Fi

Seasons: 1

Streaming Service: Disney+

Language: English

““Star Wars” fans have it good when it comes to TV shows and this new addition to the lineup is no exception. Even for those who may not be a “Star Wars” fan, this show still has a fun story and great characters.” ■

THE ARTS

Seasons of Change by Amanda Barnes

The world is changing; yet
I am sedentary.

The leaves are falling; yet
I am sedentary.

The weather is turning; yet
I am sedentary.

The sun is gone; yet
I am sedentary.

The rain has come; yet
I am sedentary.

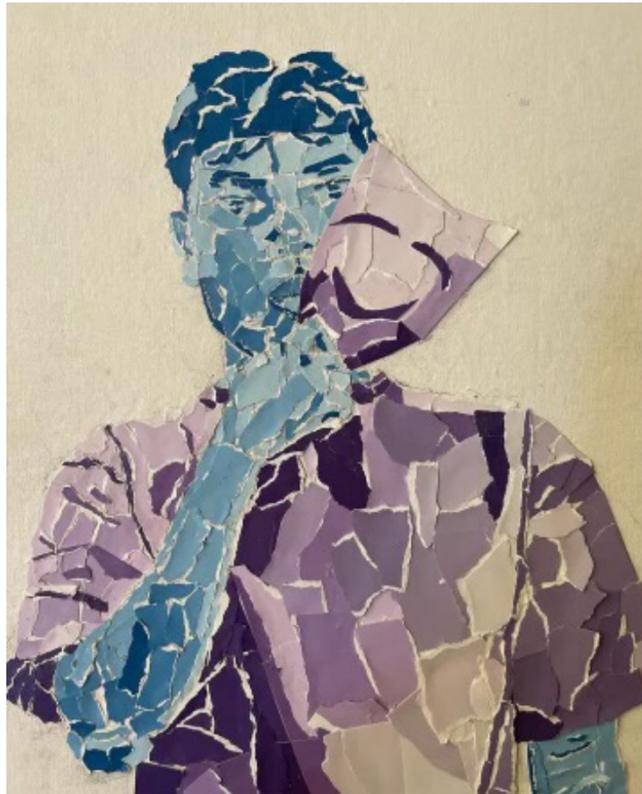
The snow is here; yet
I am sedentary.

Sprouts spring forth from the
ground; yet
I am sedentary.

I watch the world change; yet
I am sedentary.

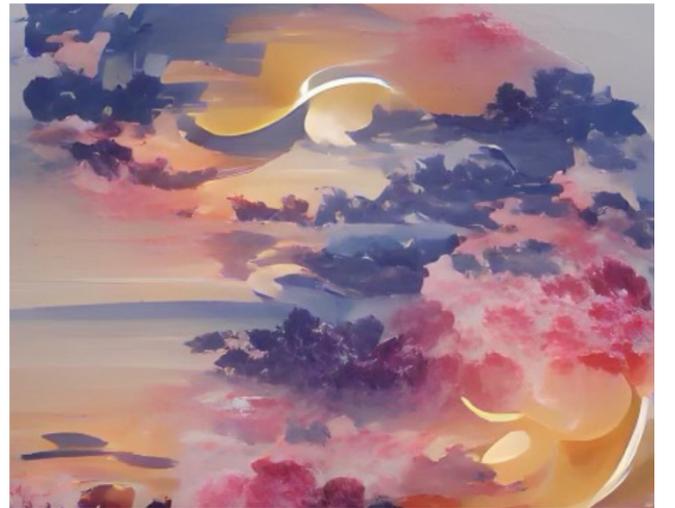
Elijah Siregar, "Paper Jab," paint swatches on canvas.

"For years I have been unable to express my feelings through communicating things verbally. With this piece, for the first time I was able to show something true of myself, which is that I constantly show fake emotions for other's approval. I feel that making this portrait made me a better version of myself and helped me realize my flaws."



Atlas Snarr, "Dreamscapes," digital artwork.

"Inspired by the sleep cycle and dreamscapes; a glimpse into worlds we can see but cannot touch."



Elijah Siregar, "Remaster of Claude Monet's 'Woman With Parasol,'" oil paint on canvas.



Elijah Siregar, "Bud," oil paint on canvas.

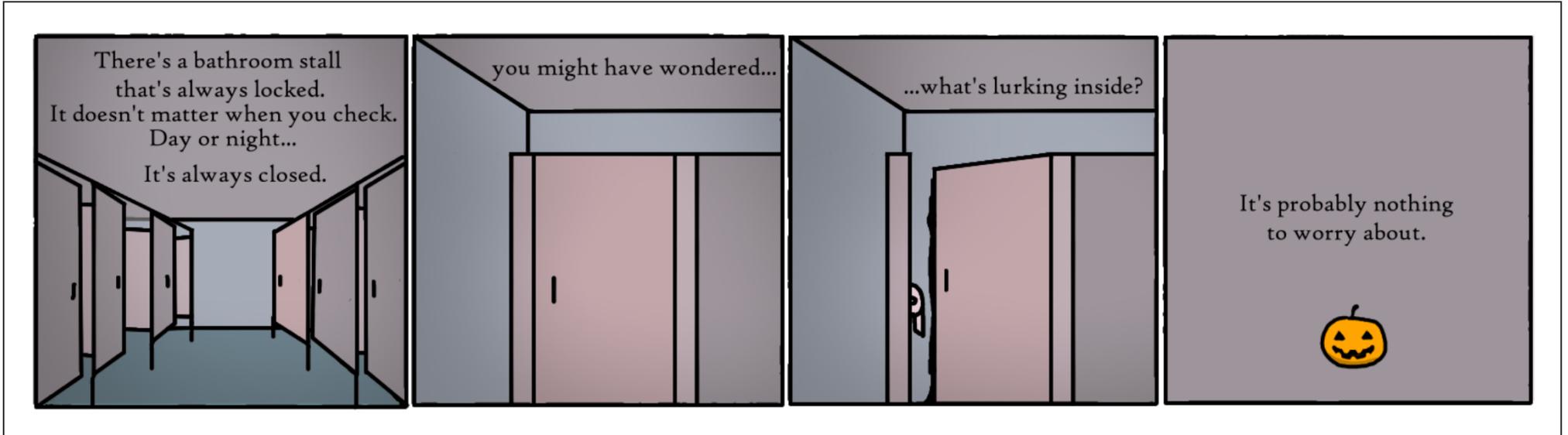


Atlas Snarr, "Dreamscapes," digital artwork.

CALLING ALL ARTISTS!

Showcase your beautiful work and talent in your very own PUC Campus Chronicle. Now accepting submissions in the genres of graphic design, visual art, photography, poetry and flash fiction (~500 words). Oh, your art doesn't fit in a box? Hybrid pieces are also welcome! Send us your best work for a chance to share your creativity with our small but mighty community. Please contact us @pucchronicle or email chderr@puc.edu for more information about this opportunity!

UPDATES



UPCOMING EVENTS

College Days
Friday, Nov. 3 – Monday, Nov. 6

Fall Recital
Sunday, Nov. 5 at 2 p.m.
in Paulin Hall

Fall Fest
Sunday, Nov. 5 from 6 p.m.
to 9 p.m. in the Gym

**Men's Basketball vs.
Montana State - Northern**
Monday, Nov. 6 at 7 p.m. in the Gym

**Women's & Men's
Basketball vs. Menlo**
Wednesday, Nov. 8 at 5:30 p.m.
and 7:30 p.m. in the Gym

Prescreening: The Marvels
Thursday, Nov. 9 at 7 p.m.
in the Campus Center

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Pitch It!

Are you taking a class that more students should know about? Have an idea for a campus story that must be discussed? Make your voice heard in the PUC community — send your pitch to the Campus Chronicle! Contributing writers are always compensated for their work and receive a publication credit in the issue.

FIND THE ANSWER, WIN FREE COFFEE



Find the answer hidden somewhere in the paper. The first person to DM us on Instagram @pucchronicle will win a free drink at the Grind!

This week's question is:
What is required of COMM-490 students to accompany their podcasts?