

**Psychology Major Requirements**

A minimum of 80.2 hours (45.2 upper-division hours)

► **Required Core Courses (58.2 hours):**

PSYC 121	General Psychology	4
PSYC 122	Psychology Seminar*	3
PSYC 130	Introduction to the Psychology Major*	1
PSYC 235+L	Child Development + Lab	3+1
PSYC 264+L	Social Psychology + Lab	4
PSYC 322+L	Research Design + Lab	4
PSYC 323+L	Intro to Experimental Psychology+Lab	4
PSYC 344	Psychology of Personality	4
PSYC 357+L	Psychological Testing + Lab	4
PSYC 394	Colloquium**	1.2
PSYC 436	Physiological Psychology	4
PSYC 444	History and Systems of Psychology	4
PSYC 445+L	Learning and Memory + Lab	4
PSYC 490	Issues in Religion, Ethics, & Human Sciences	4
PSYC 499	Systematic Issues in Psychology	3

At least one of the following courses:

PSYC 390	Gender Issues (3)	3
SOCI 355	“Racial” and Ethnic Relations (3)	3

At least one of the following courses:

PSYC 435	Psychology of Religion (3)	3
SOCI 435	Sociology of Religion (3)	3

► **Required Core Electives (11 hours):**

At least 11 additional hours from the following:\*\*\* 11

PSYC 241	Topics in Psychology (3)	3
PSYC 260	Death and Dying (4)	4
PSYC 335	Adolescent Development (3)	3
PSYC 358	Abnormal Psychology (4)	4
PSYC 360	Drugs, Brain and Behavior (3)	3
PSYC 368	Principles of Counseling (4)	4
PSYC 390	Gender Issues (3)	3
PSYC 398	Graduate School Application Seminar (1)	1
PSYC 399	Research Seminar (1-2)	1-2
PSYC 435	Psychology of Religion (3)	3
PSYC 481	Field Work in Psychology Seminar (1)	1
PSYC 491	Field Work in Psychology (1-2)	1-2

► **Required Cognate Courses (11 hours):**

ANTH 124	Cultural Anthropology	4
SOCI 121	Introduction to Sociology	4
STAT 322	Statistical Methods	3

**Recommended Cognate Course:**

Any college-level biology course with lab. *This recommendation is usually met by BIOL 102 or by any one of BIOL 111,112,113.*

\* Must be taken before the junior year  
 \*\*Transfer courses (generally limited to upper division hours) may be approved by the department).

**PUC Campus Requirements**

**Religion (9 hours)**

PUC is a Seventh-day Adventist Christian institution and religion coursework is a foundational part of the curriculum. ADT students must complete 3 religion courses at PUC as follows:

- RELG 105 Biblical Foundations (3 hours)  
*Note: Students who demonstrate biblical knowledge (by passing a waiver exam or presenting religion coursework from high school) may substitute an elective religion course in place of RELG 105.*
- One approved “Studying Scripture” course that explores and critically analyzes biblical texts and themes. (3 hours)
- One approved “Exploring SDA Life and Thought” course that explores and critically analyzes Seventh-day Adventist beliefs and values. (3 hours)

**Health & Fitness, Practical & Applied Arts (6 hours)**

PUC expects graduates to demonstrate the knowledge, skills, and inclination necessary to sustain a healthy, well-balanced life. Therefore all baccalaureate graduates must complete the following requirements. These courses may be taken at PUC or may be transferred.

- One theory course in the area of nutrition or health education. Minimum 2 quarter hours total.
- Two exercise science activity courses. One must include a significant aerobic activity component. Minimum 2 quarter hours total. (*Met by major*)
- Two practical and applied arts courses, each from a different area. Minimum 2 quarter hours total. Areas include:
  - A. Interpersonal Skills
  - B. Management of Information & Finance
  - C. Outdoor & Survival Skills
  - D. Visual and Performing Arts

**Psychology at PUC**

The mission of the Pacific Union College Department of Psychology & Social Work is to be a Christian community of liberal learning that explores the insights into human nature and activity distinctive to psychology, social work and related disciplines. Faithful pursuit of truth in these disciplines has taught us to affirm the core values of free inquiry, diversity, responsible citizenship, and service to God and humanity. Courses in the department are designed to encourage purposeful living in the service of God and humanity by helping students understand and apply principles of human behavior in personal and professional relationships.

PUC Psychology students participate in undergraduate research as part of their curriculum and are prepared for a wide range of careers that involve working with people. Many PUC psychology graduates enter professional or graduate school for further training.

**Graduation Requirements**

- A total of 192 quarter hours
- A total of 60 UD quarter hours
- Minimum GPA of 2.0

*Taken at Community College*

- AA-T in Psychology
- Lower-division GE requirements (met by the AA-T)

*May be taken at Community College or at PUC*

- Health requirement (1 course)
- Fitness requirement (2 courses)
- Practical & Applied Arts requirement (2 courses)

*Taken at PUC*

- All remaining requirements for the Psychology major
- Religion requirement (9 hours)
- GNST 401: Senior Assessment Seminar (0.2 quarter hours)
- Electives as needed for 192 hours/60 UD hours total

**How to Construct Your Own Program**

1. Counsel with your advisor.
2. Consider your aptitudes, interests, and available courses.
3. Schedule major courses and cognates first.
4. Fill the rest of your schedule with G.E. requirements and electives.
5. Choose a variety of upper-division coursework (300-level and 400-level courses) to achieve 60 total units.

**About PUC**

Pacific Union College is a fully accredited Christian liberal arts college located in California's Napa Valley. Affiliated with the Seventh-day Adventist Church, PUC offers a broad range of academic programs in a caring Christian environment. PUC is noted for excellence in education, incredible beauty, and student diversity.

**PUC Enrollment**

Enrollment Services  
 Phone: 1-800-862-7080  
 Email: enroll@puc.edu  
 Website: <http://www.puc.edu/admissions>

**Psychology & Social Work Department**

Phone: 707-965-6437  
 Website: <http://www.puc.edu/academics/departments/psychology-social-work/home>

**Sample Program**

This program is designed for students who have completed an AA-T in Psychology at a California Community College prior to transfer to PUC.

**AA-T Psychology Major Coursework**

A minimum of 27 units of major coursework is completed as part of the AA-T in Psychology. These transfer courses typically apply as follows at PUC:

- ~ General Psychology (4)
- ~ Introduction to Statistics (4)
- ~ Psychology Seminar (3)
- ~ Introduction to the Psychology Major (1)
- ~ Biology or Biological Psychology Course (5)
- ~ Psychology Electives or Cognates (10)

Exact equivalencies may vary depending on the options chosen for the AA-T degree. A minimum grade of C- is required for any course that is applied to the major.

**PUC Coursework**

This sample curriculum is designed to show you how a two-year program may be constructed in order to complete the BS in Psychology at PUC. The order of the courses may vary, and your list of required courses may be adjusted depending on the transfer courses you completed for your AA-T degree. Your advisor will help you design a personalized program of studies

<b>Junior Year</b>	<b>F</b>	<b>W</b>	<b>S</b>
Colloquium	.2	.2	.2
Child Development + Lab	4	-	-
Cultural Anthropology	-	-	4
Abnormal Psychology	-	-	4
Psychology of Personality	4	-	-
Psychological Testing + Lab	-	4	-
Social Psychology + Lab	-	4	-
Gender Issues or "Racial"/Ethnic Rel	-	-	3
Statistical Methods	-	3	-
Introduction to Sociology	-	4	-
Graduate School Application Seminar	-	-	1
Upper-Division Electives	6	-	3
General Education/Electives	3	2	2

<b>Senior Year</b>	<b>F</b>	<b>W</b>	<b>S</b>
Colloquium	.2	.2	.2
Systematic Issues in Psychology	3	-	-
Psych of Religion or Sociology of Religion	-	3	-
Physiological Psychology	4	-	-
Research Design (F)*, Experimental Psych(W)*	4	4	-
History and Systems of Psychology	-	4	-
Learning and Memory + Lab	-	-	4
Issues in Religion, Ethics, & Human Sci	-	-	4
Principles of Counseling	-	4	-
Field Work in Pysch Seminar	-	-	1
Field Work in Psych	-	-	1
Senior Assessment Seminar	-	-	.2
Upper-Division Electives	3	-	3
General Education/Electives	3	2	3

\*Lab required 17.2 17.2 16.4