

Course Requirements

96 hours distributed as follows:

Domain 1: Religion & Humanities

Minimum 20 quarter hours, distributed as follows:

➤ **Religion**

Take 4 hours of religion courses for each year of attendance at an SDA College: 4-8

➤ **Humanities**

Take the remaining 12-16 hours from at least three of the following areas: History/Civilization, Fine Arts (theory course work), Performing Arts/Visual Arts (not to exceed 4 quarter hours), Literature, Foreign Language, and Philosophy/Ethics.

The following courses are recommended:

HIST 101+102	History of World Civ I,II (4+4)
HIST 134+135	History of the United States I,II (4+4)
ARTF 212	Ceramics I (2)*
ARTH 107	History of American Art (4)
ARTH 115+116	History of Western Art I,II (4+4)
MUHL 105	Survey of Music (3)
ENGL 212+213	Shakespeare in Perf+Project (2+1)
ENGL 301	Themes in Literature (4)
SPAN 105	Span for Hlth Care Prof (4)

Any foreign language

PHIL 101	Introduction to Philosophy (4)
----------	--------------------------------

Domain 2: Scientific Inquiry & Analysis

➤ **Natural Sciences**

Take the following required courses:

BIOL 101	Human Anatomy	5
BIOL 102	Human Physiology	5
CHEM 101	Introductory Chemistry	4
CHEM 102	Survey of Organic Chemistry	4
CHEM 103	Survey of Biochemistry	4
MATH 106	College Algebra	4
MICR 134	General Microbiology	5

➤ **Social Sciences**

Take the following required courses:

ANTH 124	Cultural Anthropology (recommended)	4
or SOCI 355	“Racial” & Ethnic Relations	3
PSYC 121	General Psychology	4
SOCI 121	Introduction to Sociology	4

Domain 3: Communication Skills

Take the following required courses:

ENGL 101+102	College English I,II	8
--------------	----------------------	---

Select at least one course from the following: 3-4

COMM 105	Communication & Public Speaking (4)
COMM 326	Advanced Public Speaking (3)

Domain 4: Health & Wellness

Take at least one course from the following: 2-3

FDNT 235	Nutrition (3)
HLED 162	Fitness for Life (2)
HLED 166	Health Education (2)

Take at least two courses from the following: 2

ESAC	Exercise Science Activity Courses (1)
------	---------------------------------------

Domain 5: Electives

Take additional electives to achieve 96 quarter hours.

The following courses are recommended to assist in preparation for a dental hygiene career:

BUAD 118	Personal Money Management (3)
GNRL 204	Introduction to Dentistry (2)

Observation Hours: 20 hrs. minimum

PLEASE NOTE: C minus (C-) grades are not transferable for credit to Loma Linda University.

Health Sciences, A.S.

Pacific Union College offers an A.S. degree with a major in Health Sciences. This major can be taken in conjunction with the pre-dental hygiene requirements. For more information, see page NHSC-03 or contact the Health Sciences advisor in the Nursing and Health Sciences Department.

Occupational Information

General Areas of Service

Dental Hygienists may work as independent contractors, in dental offices, in school systems, for health-related or governmental agencies, or may teach in a Dental Hygiene program.

Professional Training

To be licensed one must graduate from an accredited Dental Hygiene program and pass both a written and clinical examination. The B.S. degree is required to do research, teach, or work in public or school health programs.

Denominational Opportunities

There are increasing openings here and abroad.

Job Outlook

Employment opportunities are expected to continue to grow 19% from 2014 to 2024 (www.bls.gov).

* Recommended to assist in preparation for a dental hygiene career.

Admission Information

For entrance to the junior professional year at Loma Linda University, the applicant must have the following:

- a. 96 quarter hours of acceptable college credit (grades of C or higher).
- b. Excellent academic standing.. The entering average GPA for 2014 was 3.2 and average science GPA was 2.9.
- c. Minimum of 20 hours of shadowing.
- d. Acceptable personal qualities.
- e. A formal interview (by invitation only).
- f. Three letters of referencing including: spiritual leader, employer, and science professor. *A PUC Preprofessional Recommendation Committee letter is preferred in place of the science professor letter. Talk to your advisor for more information about the committee letter.*
- g. The subject requirements outlined on the other side of this sheet.

Application

The applicant should apply between August and early December for best chances. The application is made through the ADEA Dental Hygiene Centralized Application Service (DHCAS). Apply at <http://www.adea.org/dhcas.aspx>.

At the time of application request a PUC Preprofessional Recommendation Committee letter at the Office of the Academic Dean.

The Dental Hygiene program begins in mid September.

For More Information

Vicki Saunders, Pre-Dental Hygiene Advisor
 Nursing and Health Sciences Department
 Pacific Union College
 One Angwin Avenue, Angwin, CA 94508
 Phone: (707) 965-7632
 E-mail: vasaunders@puc.edu

Division of Oral Health
 Centers for Disease Control and Prevention
 U.S. Department of Health and Human Services
 Mail Stop F-10
 4770 Buford Highway NE
 Atlanta, GA 30341
<http://www.cdc.gov/oralhealth/>

Education Division
 American Dental Hygienists' Association
 444 North Michigan Avenue, Suite 3400
 Chicago, IL 60611
<http://www.adha.org>

Sample Two-Year Program

This sample curriculum is designed to show you how a program may be constructed and to help you select a proper sequence of courses. It is not likely that these courses can always be taken in the order given. Your advisor will help you design a personalized program of studies.

First Year	F	W	S
College English I,II	4	4	-
Anatomy and Physiology*	5	5	-
General Microbiology*	-	-	5
Religion Courses	3	3	-
Communication & Public Speaking	-	-	4
Exercise Science Activity Course	1	-	-
Nutrition	-	-	3
Intro to Dentistry	-	-	2
Cultural Heritage Courses/Electives**	3	4	3
	16	16	17

Second Year	F	W	S
Introductory Chemistry Courses*	4	4	4
College Algebra	4	-	-
General Psychology	4	-	-
Introduction to Sociology	-	4	-
Cultural Anthropology	-	-	4
Religion Course	-	-	3
Exercise Science Activity Course	1	-	-
Cultural Heritage Courses and Electives**	3	8	5
	16	16	16

Third and Fourth Years (at Loma Linda University)

* *First-year science courses are the most important for gaining admission to the program. During your freshman year take the sequence for which you are best prepared.*

** *Consult with your advisor in order to select appropriate courses. Options and recommendations are listed on the other side of this sheet, and electives are the additional hours needed to reach 96 quarter hours once all required and specified courses are taken.*