

Course Requirements

96 hours distributed as follows:

Domain 1: Religion & Humanities

Minimum 20 quarter hours, distributed as follows:

➤ **Religion**

Take 4 hours of religion courses for each year of attendance at an SDA College: 4-8

➤ **Humanities**

Take the remaining 12-16 hours from at least three of the following areas: History/Civilization, Fine Arts (theory course work), Performing Arts/Visual Arts (not to exceed 4 quarter hours), Literature, Foreign Language, and Philosophy/Ethics.

The following courses are recommended:

| | |
|----------------------|---|
| HIST 101+102 | History of World Civ I,II (4+4) |
| HIST 134+135 | History of the United States I,II (4+4) |
| ARTF 212 | Ceramics I (2)* |
| ARTH 107 | History of American Art (4) |
| ARTH 115+116 | History of Western Art I,II (4+4) |
| MUHL 105 | Survey of Music (3) |
| ENGL 212+213 | Shakespeare in Perf+Project (2+1) |
| ENGL 301 | Themes in Literature (4) |
| SPAN 105 | Spanish for Healthcare I (3) |
| Any foreign language | |
| PHIL 101 | Introduction to Philosophy (4) |

Domain 2: Scientific Inquiry & Analysis

➤ **Natural Sciences**

Take the following required courses:

| | | |
|----------|--------------------------------|---|
| BIOL 101 | Human Anatomy | 5 |
| BIOL 102 | Human Physiology | 5 |
| CHEM 101 | Introductory Chemistry | 4 |
| CHEM 104 | Survey of Biological Chemistry | 5 |
| MATH 106 | College Algebra | 4 |
| MICR 134 | General Microbiology | 5 |

➤ **Social Sciences**

Take the following required courses:

| | | |
|-------------|-------------------------------------|---|
| ANTH 124 | Cultural Anthropology (recommended) | 4 |
| or SOCI 355 | Cultural Diversity | 3 |
| PSYC 121 | General Psychology | 4 |
| SOCI 121 | Introduction to Sociology | 4 |

Domain 3: Communication Skills

Take the following required courses:

| | | |
|--------------|----------------------|---|
| ENGL 101+102 | College English I,II | 8 |
|--------------|----------------------|---|

Select at least one course from the following: 3-4

| | |
|----------|-------------------------------------|
| COMM 105 | Communication & Public Speaking (4) |
| COMM 326 | Advanced Public Speaking (3) |

Domain 4: Health & Wellness

Take at least one course from the following: 2-3

| | |
|------------|----------------------|
| FDNT 235 | Nutrition (3) |
| HLED 162 | Fitness for Life (2) |
| HLED 166+L | Health Education (2) |

Take at least two courses from the following: 2

| | |
|------|---------------------------------------|
| ESAC | Exercise Science Activity Courses (1) |
|------|---------------------------------------|

Domain 5: Electives

Take additional electives to achieve 96 quarter hours.

The following courses are recommended to assist in preparation for a dental hygiene career:

| | |
|----------|-------------------------------|
| BUAD 118 | Personal Money Management (3) |
| GNRL 204 | Introduction to Dentistry (2) |

Observation Hours: 20 hrs. minimum

PLEASE NOTE: C minus (C-) grades are not transferable for credit to Loma Linda University.

Health Sciences, A.S. or B.S.

Pacific Union College offers an A.S. and B.S. degree with a major in Health Sciences. These majors can be taken in conjunction with the pre-dental hygiene requirements. For more information, see page NHSC-06 or NHSC-07, or contact the Health Sciences advisor in the Nursing and Health Sciences Department.

Occupational Information

General Areas of Service

Dental Hygienists may work as independent contractors, in dental offices, in school systems, for health-related or governmental agencies, or may teach in a Dental Hygiene program.

Professional Training

To be licensed one must graduate from an accredited Dental Hygiene program and pass both a written and clinical examination. The B.S. degree is required to do research, teach, or work in public or school health programs.

Denominational Opportunities

There are increasing openings here and abroad.

Job Outlook

Employment opportunities are expected to continue to grow 19% from 2014 to 2024 (www.bls.gov).

* Recommended to assist in preparation for a dental hygiene career.

Admission Information

- For entrance to the junior professional year at Loma Linda University, the applicant must have the following:
- a. 96 quarter hours of acceptable college credit (grades of C or higher).
 - b. Excellent academic standing.. The entering average GPA for 2014 was 3.2 and average science GPA was 2.9.
 - c. Minimum of 20 hours of shadowing.
 - d. Acceptable personal qualities.
 - e. A formal interview (by invitation only).
 - f. Three letters of referencing including: spiritual leader, employer, and science professor. *A PUC Preprofessional Recommendation Committee letter is preferred in place of the science professor letter. Talk to your advisor for more information about the committee letter.*
 - g. The subject requirements outlined on the other side of this sheet.

Application

The applicant should apply between August and early December for best chances. The application is made through the ADEA Dental Hygiene Centralized Application Service (DHCAS). Apply at www.adea.org/dhcas.aspx.

At the time of application request a PUC Preprofessional Recommendation Committee letter at the Office of the Academic Dean.

The Dental Hygiene program begins in mid September.

For More Information

Kinesiology and Health Sciences Department
 Pacific Union College
 One Angwin Avenue, Angwin, CA 94508
 Phone: (707) 965-6313

Division of Oral Health
 Centers for Disease Control and Prevention
 U.S. Department of Health and Human Services
 Mail Stop F-10
 4770 Buford Highway NE
 Atlanta, GA 30341
www.cdc.gov/oralhealth/

Education Division
 American Dental Hygienists' Association
 444 North Michigan Avenue, Suite 3400
 Chicago, IL 60611
www.adha.org

Sample Two-Year Program

This sample curriculum is designed to show you how a program may be constructed and to help you select a proper sequence of courses. It is not likely that these courses can always be taken in the order given. Your advisor will help you design a personalized program of studies.

| First Year | F | W | S |
|---------------------------------------|-----------|-----------|-----------|
| College English I,II | 4 | 4 | - |
| Anatomy and Physiology* | 5 | 5 | - |
| General Microbiology* | - | - | 5 |
| Religion Courses | 3 | 3 | - |
| Communication & Public Speaking | - | - | 4 |
| Exercise Science Activity Course | 1 | - | - |
| Nutrition | - | - | 3 |
| Intro to Dentistry | - | - | 2 |
| Cultural Heritage Courses/Electives** | 3 | 4 | 3 |
| | 16 | 16 | 17 |

| Second Year | F | W | S |
|---|-----------|-----------|-----------|
| Introductory Chemistry Courses* | 4 | 4 | 4 |
| College Algebra | 4 | - | - |
| General Psychology | 4 | - | - |
| Introduction to Sociology | - | 4 | - |
| Cultural Anthropology | - | - | 4 |
| Religion Course | - | - | 3 |
| Exercise Science Activity Course | 1 | - | - |
| Cultural Heritage Courses and Electives** | 3 | 8 | 5 |
| | 16 | 16 | 16 |

Third and Fourth Years (at Loma Linda University)

* *First-year science courses are the most important for gaining admission to the program. During your freshman year take the sequence for which you are best prepared.*

** *Consult with your advisor in order to select appropriate courses. Options and recommendations are listed on the other side of this sheet, and electives are the additional hours needed to reach 96 quarter hours once all required and specified courses are taken.*