

EFFECTIVE WAYS TO STUDY FOR EXAMS



1. TIME

Set a schedule to study. Write down how many exams you have and the days on which you have to take them.

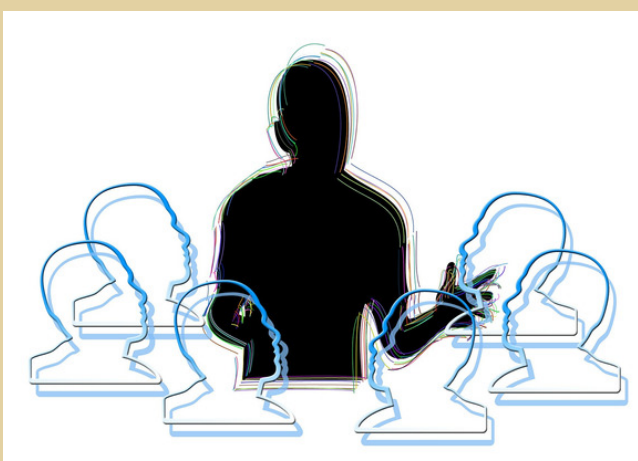
2. PRACTICE

Practicing previous exams can help you get used to the format of the questions.



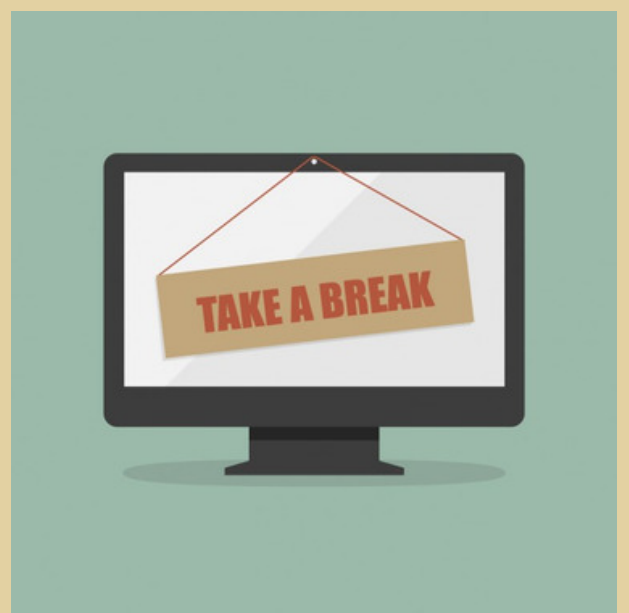
3. GROUP STUDY

Get together with friends for a study session. You may have questions that they have the answers to and vice versa.



4. BREAK TIME

Studying for as many hours as possible is counterproductive. Taking regular breaks helps the brain to solidify information.



5. EXAM DAY

Sleep well the night before. Take all the supplies needed and have everything ready in your backpack. Eat something nutritious, take a walk to relax, and then go for it!

SUCCESS