

Course Requirements

96 hours distributed as follows:

Domain 1: Religion & Humanities

Minimum, 20 quarter hours distributed as follows

➤ **Religion**

Take 4 hours of religion courses for each year of attendance at an SDA College: 4-8

➤ **Humanities**

Take the remaining 12-16 hours from at least three of the following areas: 12-16

- Art/Music, Performing Arts (max 4 hours);
- Literature, Philosophy;
- History, Foreign Language

The following courses are recommended options:

- ARTH 115+116 History of Western Art I,II (4+4)
- MUHL 105 Survey of Music (3)
- ENGL 212+213 Shakespeare in Perf+Project (2+1)
- ENGL 301 Themes in Literature (4)
- PHIL 101 Introduction to Philosophy (4)
- HIST 101+102 History of World Civ I,II (4+4)
- HIST 134+135 History of the United States I,II (4+4)
- SPAN 105 Span for Hlth Care Prof (4)
- Any foreign language

Domain 2: Scientific Inquiry & Analysis

➤ **Natural Sciences**

Take the following required courses:

- BIOL 101 Human Anatomy* 5
- BIOL 102 Human Physiology* 5
- CHEM 111+L General Chemistry I+Lab* 4+1
- CHEM 112+L General Chemistry II+Lab* 4+1
- CHEM 113+L General Chemistry III+Lab* 4+1
- MATH 106 College Algebra*(or higher level) 4
- MICR 134 General Microbiology* 5
- BIOL 223 Medical Terminology(or certificate) 2

➤ **Social Sciences**

Take 12 hours from at least two areas:

Take the following required courses:

- SOCI 121 Introduction to Sociology 4
- PSYC 121 General Psychology 4

Take the remaining 4 hours from the following areas: 4

- Anthropology, Economics, Geography, Political Science, Psychology, and Sociology.

The following courses are recommended:

- ANTH 124 Cultural Anthropology (4)
- ECON 261 Macroeconomics (4)
- ECON 265 Microeconomics (4)
- GEOG 210 World Regional Geography (3)
- GEOG 220 Geography of the Americas (3)

- PLSC 124 Introduction to American Govt (4)
- PSYC 234 Human Development (4)
- SOCI 355 "Racial" and Ethnic Relations (3)

Domain 3: Communication

Take the following required courses:

- ENGL 101+102 College English I,II 4+4

Take one of the following courses: 3-4

- COMM 105 Communication &Public Speaking(4)
- COMM 326 Advanced Public Speaking (3)

Domain 4: Health & Wellness

Take the following required course:

- FDNT 235 Nutrition* 3

Take at least two courses from the following: 2

- ESAC Exercise Science Activity Courses (1)

Domain 5: Electives

Take additional electives as needed to meet the minimum requirement of 96 transferable quarter hours.

PLEASE NOTE: C minus (C-) grades are not transferable for credit to Loma Linda University.

Health Sciences, A.S.

Pacific Union College offers an A.S. degree with a major in Health Sciences. This major can be taken in conjunction with the pre-nutrition and dietetics requirements. For more information, see page NHSC-03 or contact the Health Sciences advisor in the Nursing and Health Sciences Department.

*For M.S. Degree Only: Individuals who already have a bachelor's degree from a regionally accredited college or university need to complete these prerequisite requirements only.

Occupational Information

General Areas of Service

Registered Dietitians (RD) promote healthy eating habits, scientifically evaluate clients' diets, and suggest diet modifications to help prevent disease and treat illnesses. About one-half of job openings are in hospitals, nursing homes, or offices and clinics of physicians. Other jobs are in social service agencies, residential care facilities, physical fitness facilities, school systems, colleges and universities and the Federal Government. Some dietitians are self-employed and work as consultants to smaller hospitals, nursing homes and individual clients.

Professional Training

Students should obtain a professional baccalaureate degree or master's degree in Dietetics or a postgraduate diploma in Dietetics.

Job Outlook

Average employment growth is projected.

Earnings

Annual income at the entry-level varies by practice area. According to the American Dietetic Association's 2005 survey, Registered Dietitians in Medical Nutrition Therapy may expect to earn \$45,000; those in food and nutrition management, \$60,000; community nutrition, \$44,800; consultation and business, \$53,800; and education and research, \$60,200. Some dietitians in private practice, or who work for major businesses as consultants, earn more than \$125,000 per year. The average 2019 salary in California was \$74,060.

For More Information

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 School of Allied Health Professions
 Loma Linda University, Loma Linda, CA 92350
 (909) 558-4593
 Email: nutrition@llu.edu

A minimum GPA of 3.0 is required for admission, however, the average accepted GPA is closer to 3.5.

To apply online, go to: <http://www.llu.edu/apply/>
 Note: Admission requirements are subject to change each year.

Sample Two-Year Program

This sample curriculum is designed to show you how a program may be constructed and to help you select a proper sequence of courses in the major. It is not likely that these courses can always be taken in the order given. Your advisor will help you design a personalized program of studies.*

First Year*	F	W	S
Intro to Allied Health	2	-	-
Nutrition	-	-	3
Human Anatomy	5	-	-
Human Physiology	-	5	-
General Microbiology	-	-	5
College English I,II	4	-	4
General Psychology	-	4	-
Comm & Pub Spk or Adv Public Speaking	-	3-4	-
Religion Courses	3	-	3
Humanities Course*	-	4	-
Exercise Science Activity Courses	1	-	1
Electives*	2	-	1
	17	≤17	17

Second Year	F	W	S
Issues in Allied Health	-	-	2
General Chemistry I,II,III	5	5	5
College Algebra**	4	-	-
Religion Course	3	-	-
Social Sciences Elective*	-	4	-
Introduction to Sociology	-	-	4
Humanities Courses*	4	-	4
Exercise Science Activity Course	-	1	-
Electives/Natural Sciences*	-	6	2
	16	16	17

Third and Fourth Years are taken at Loma Linda University.

* See "Courses Requirements" for requirements and options when selecting courses in the various areas.

** Note that MATH 096 must be taken if H.S. requirements have not been met. MATH 096 will not transfer to LLU. MATH 095 is a prerequisite for MATH 096.