

A.S. Cognates & General Education

The following courses are cognate requirements and general education requirements for the A.S. in Nursing at PUC. All of these requirements may be met prior to admission into the Nursing Program, and some of the requirements are prerequisites that must be completed prior to admission (see Program Admissions Requirements below).

► **Required Cognate Courses (29-30 hours):**

BIOL 101	Human Anatomy	5
BIOL 102	Human Physiology	5
FDNT 235	Nutrition	3
MICR 134	General Microbiology	5
PSYC 121	General Psychology	4
PSYC 234	Human Development	4
At least one of the following courses:		3-4
ANTH 124	Cultural Anthropology (4)	
NURS 376	Nursing Issues: Transcultural Care (3)	
SOCI 121	Introduction to Sociology (4)	
SOCI 214	The Family (4)	
SOCI 232	American Social Problems (4)	
SOCI 355	“Racial” and Ethnic Relations (3)	

► **Additional Prerequisite (does not count towards the major):**

NURS 110	Introduction to Nursing (2)
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► **General Education Requirements (17-30 hours):**

Section I: Foundations of Learning

ENGL 101	College English I	4
COMM 105	Communication and Public Speaking	4

At least one of the following options: 0-8

A full year of Algebra II or Integrated Math III with semester grades of C or better from an accredited secondary institution:

A score of 4 or higher on the IB mathematics SL exam	
MATH 093+094	Algebra w/ Financial Apps I+II (4+4)
MATH 095+096	Basic Algebra I+II (4+4)

At least one of the following options: 0-5

A full year of Chemistry or Physics with semester grades of C or better from an accredited secondary institution

CHEM 101	Introductory Chemistry (4)
PHYS 105	Introduction to Physics (5)

Section II: Foundations of Faith

Take at least 9 hours of religion coursework 9

Complete the religion requirement for the Associate Degree as listed on p. 42-43 of this catalog. The requirement includes 9 hours of coursework as follows:

A. Prerequisite:

Two years of Christian religion courses in high school, or Successful completion of a waiver exam, or

RELG 105	Biblical Foundations (3)
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B. Holistic Living:

RELG 125	Thrive (3)
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Waived for transfer students with 32+ units.

C. Understanding Christian Faith and Foundations:

Take an elective course, if needed.

D. Exploring Seventh-day Adventist Life and Thought:

One approved religion course that explores and critically analyzes Seventh-day Adventist beliefs and values.

Approved courses are designated with “D” in the schedule.

A portion of the religion requirement may be waived for students who transfer a significant amount of coursework from non-Adventist colleges and universities. Contact the Records Office for details

The A.S. degree with a major in Nursing includes an additional 70 hours of major courses that are completed subsequent to admission into the program.

A.S. Program Admission Requirements

► **Admission Requirements:**

Admission requirements are those published in the General Catalog in effect during the year of the student’s admission to the Nursing Program. The Nursing and Health Sciences Department reserves the right to admit or deny admission to individuals applying to the Nursing Program.

Admission is competitive and candidates are evaluated based on:

- Complete prerequisite courses (MATH 096, CHEM 101 or PHYS 105, ENGL 101, BIOL 101 or BIOL 102, NURS 110) with a grade of C or better in each course.
- College GPA calculated on cognate and GE courses required for the A.S. nursing degree (excluding religion courses and courses that may be completed in high school). The minimum GPA for nursing applications is 3.0 and each course must be passed with a C or better. Preference will be given to applicants who have both a GPA above 3.3 and have completed at least 12 units of nursing-required courses at Pacific Union College. Having repeated cognate or GE courses after receiving a final grade of less than C reduces an applicant’s chance of admission.
- TEAS (Test of Essential Academic Skills) Academic Preparedness score at the Proficient Level or better.

See the General Catalog and the A.S. Nursing Application Packet for specific details related to eligibility, selection, and the application process.

► **Admission Procedure:**

Applicants must submit an application for admission to the Nursing Program. Information regarding the admission procedure, including the application packet, is available from the Nursing and Health Sciences Department.

Transfer, Challenge, and Waiver Options:

Contact the Nursing and Health Sciences Department.

Occupational Information

Additional helpful information may be found at <http://www.nursingworld.org/especiallyforyou/studentnurses.aspx>.

Professional Education Options

Several types of basic nursing programs exist. The most common are:

Associate degree—a two-year nursing program in a junior or four-year college. Major emphasis on nursing theory and clinical practice plus general education courses including the sciences. P.U.C. offers the A.S. in Nursing.

Baccalaureate degree—a four-year nursing program in a four-year college or university. Major emphasis is on nursing theory and clinical practice plus general education courses including the sciences, leadership, and community health. PUC offers the B.S.N. degree as the second step in a 2-step process (A.S. then B.S.N.) for students wishing to complete a baccalaureate degree. Students are strongly encouraged to consider the baccalaureate program and to plan ahead for the course requirements during the selection of courses. (See the following column for a sample four-year curriculum.)

Prospective students who are LVNs or RNs seeking a B.S.N. degree should obtain additional information from the Nursing and Health Sciences Department.

Necessary Qualities

According to the National League for Nursing, “Intelligence and the qualities associated with it—alertness, good judgment, a sense of responsibility—are more important than ever today.” The association goes on to say, “...the ability to use your brain power and to master the information and techniques required in whatever nursing situation you find yourself are mandatory.”

Education for a degree in nursing is not easy. Students need good study habits and concentration, good health, a desire to serve, motivation, perseverance, self-discipline, a love for people, sympathy for those in trouble, understanding and tact to help people meet their problems, patience, tolerance for people’s weaknesses, adaptability and a sense of humor.

Accreditation

The A.S. in Nursing is approved by the California BRN (Board of Registered Nursing). The A.S. and the B.S.N. in Nursing are accredited by the ACEN (Accreditation Commission for Education in Nursing).

For More Information

Nursing & Health Sciences Department, Pacific Union College
Lorie Johns, Pre-Nursing Advisor
One Angwin Avenue, Angwin, CA, 94508
(707) 965-7626, www.puc.edu/nursing

California Board of Registered Nursing (BRN)
P.O. Box 944210, Sacramento, CA, 94244-2100
(916) 322-3350, www.rn.ca.gov

Accreditation Commission for Education in Nursing (ACEN)
3390 Peachtree Rd NE, Suite 1400, Atlanta, GA, 30326
(404) 975-5000, www.acenursing.org

Sample Four-Year Program

This sample curriculum is designed to show you how a program may be constructed. It is not likely that these courses can always be taken in the order given. The sequence of classes will change if the nursing program is started in a different quarter. *This sample curriculum assumes a high level of preparation for college, including a strong high school GPA and successful completion of certain high school courses.* Your pre-nursing advisor will review your preparation and help you design a personalized program of studies.

First Year	F	W	S	Su
College English I,II	4	4	-	-
Communication and Public Speaking	4	-	-	-
General Psychology	4	-	-	-
Anatomy/Physiology/Microbiology	5	5	5	-
Sociocultural Course	-	4	-	-
Religion Course	-	3	-	-
Human Development	-	-	4	-
Humanities or History Course	-	-	4	-
Introduction to Nursing	-	-	2	-
Introductory Chemistry	-	-	-	4
	17	16	15	4

Second Year	F	W	S	Su
Nursing I,II,III	6	6	6	-
Health Assessment/Pathophysiology	4	-	4	-
Pharmacology	-	3	-	-
Pediatrics	-	-	5	-
Nutrition	3	-	-	-
Religion Courses	3	3	-	-
Humanities or History Course	-	4	-	4
	16	16	16	4

Third Year	F	W	S	Su
Nursing IV-V-VI	6	6	9	-
Mental Health Nursing	6	-	-	-
Maternal-Newborn Nursing	-	6	-	-
Management & Professional Practice	-	-	3	-
Introduction to Statistics	-	-	-	4
Religion Course	-	-	3	-
	12	12	15	4

Fourth Year	F	W	S	Su
Community Hlth Nurs & Practicum	7	-	-	-
Nursing Issues Course	4	4	4	-
Intro to Research	-	4	-	-
Health Ed, Promotion, & Self Care	-	4	-	-
Healthcare Management	-	-	4	-
Healthcare Mgmt/Educ Practicum	-	-	3	-
Nursing Special Topics Course	-	-	3	-
Religion Courses	3	3	3	-
Capstone I,II	1	-	1	-
	15	15	18	-