

10 Tips for Academic Success

GO TO CLASS – AND PARTICIPATE

When you skip classes you miss out on lectures, explanations of assignments, class discussions, exams tips, and changes to the syllabus.

GET ENOUGH SLEEP

Chronic fatigue from insufficient sleep contributes to illness and the inability to concentrate. Good sleep, healthy eating and regular exercise means you'll feel better, look better, and perform better!

KNOW HOW YOUR GRADES ARE DETERMINED

The grading criteria is different for every course. Make sure to check the syllabus to avoid unpleasant surprises.

USE THE WRITING LAB

Getting help with writing your papers can help you learn more and improve your grade. Schedule free tutoring sessions online.

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COME PREPARED FOR CLASS

In college you don't just study for exams. You need to prepare for each class by reading the textbook, reviewing your notes and completing the assigned work.

ORDER YOUR BOOKS IN ADVANCE

The most efficient way to order your books is online from the Campus Bookstore and picking them up once on campus.

REVIEW AND REVISE NOTES

Take notes on the important concepts, then take ten minutes after each class to review your notes to clarify and fill in areas that need more information. Then when you study it later, you will have what you need.

1:2 RULE

For every credit-hour of class, students are expected to study for two hours. If you are taking a three-credit class, that means spending a minimum of six hours outside of class studying each week.

STUDY IN A QUIET PLACE

Friends, TV, music, un-muted cellphones, and non-academic web browsing are distractions when it comes to study. By reducing them, you force yourself to do one thing only: study.

JOIN A STUDY GROUP

Studying with a group will give you another perspective on the material for the class. The TLC has study groups running all year long for most courses.

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