

COMMUNITY

Biochem major Ethan Foliente has spent the past several months working as a high school math teacher and student missionary in Pohnpei. Learn about his experience and what led him to the decision to serve.

P5

CAMPUS

Clubs play a big role in the social atmosphere of our campus. If you are in search of a club to join, read about these student organizations featuring Latin-American culture, martial arts and leadership training.

P6

SPORTS

Women's basketball starter Olivia Crigler shared her experience returning to in-person games. Find out about the challenges the team encountered and the flexibility they have adopted in this unusual season.

P7

Student Nurses Staff Testing Clinic to Ensure Campus Safety



Clinic worker Noel Hocson administers a rapid-result test

By Lauren Jones

Throughout the ongoing COVID-19 pandemic, one measure PUC has taken to keep campus safe is the testing clinic open outside West Hall Annex each week.

The clinic has operated on select

weeknights since fall quarter 2021. It was instrumental in making sure that students were able to return to campus following winter break while keeping the virus transmission rate as low as possible.

At the testing center, nursing students have the opportunity to gain experience in their field by testing students.

Megan Bothwell, a student nurse who helped run the testing center during fall

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FROM THE EDITOR

I love New Year's resolutions. Wait. Am I in the wrong month? It's February—aren't we already supposed to have failed at those by now?

The start of the new year is my favorite holiday because I love that there is a whole day devoted to planning and goal-setting and general hopefulness that maybe things can be better.

This enthusiasm lasts for a little while, but then February hits. You know the feeling—it's still sort of the beginning, but the excitement has left and often the motivation along with it. February is the month where resolutions go to die.

This year my resolution was to read one book each week, 52 for the year. My reasons for this included a list of to-be-read books a mile long and a desire to maintain my love of literature outside of school. My solution? Read lots and lots of novels. Except for one problem: I don't have time to read lots and lots of novels.

My Goodreads account is currently shaming me with pop-up messages letting me know

I'm behind on my reading challenge. We are five weeks into the new year, so I'm supposed to have read five books by now. I have not. I've read one and a half.

However, even though at this rate I am on track to miss my reading goal, I have still been able to read a few pages almost every day—pages which I might not have read otherwise.

Even though New Year's resolutions often fail by February, I've decided that doesn't mean it is pointless to try. I may have only read a book and a half, but that is still more than none, and I know I will be able to read even more if I keep going.

The important thing about setting goals is not whether they will succeed or fail—it is the commitment to try. Chances are, if you bet on yourself even a little, you will be able to accomplish more than you would if you never decided to try.

*Sincerely,
Lauren VandenHoven
Editor-in-Chief*



CAMPUS

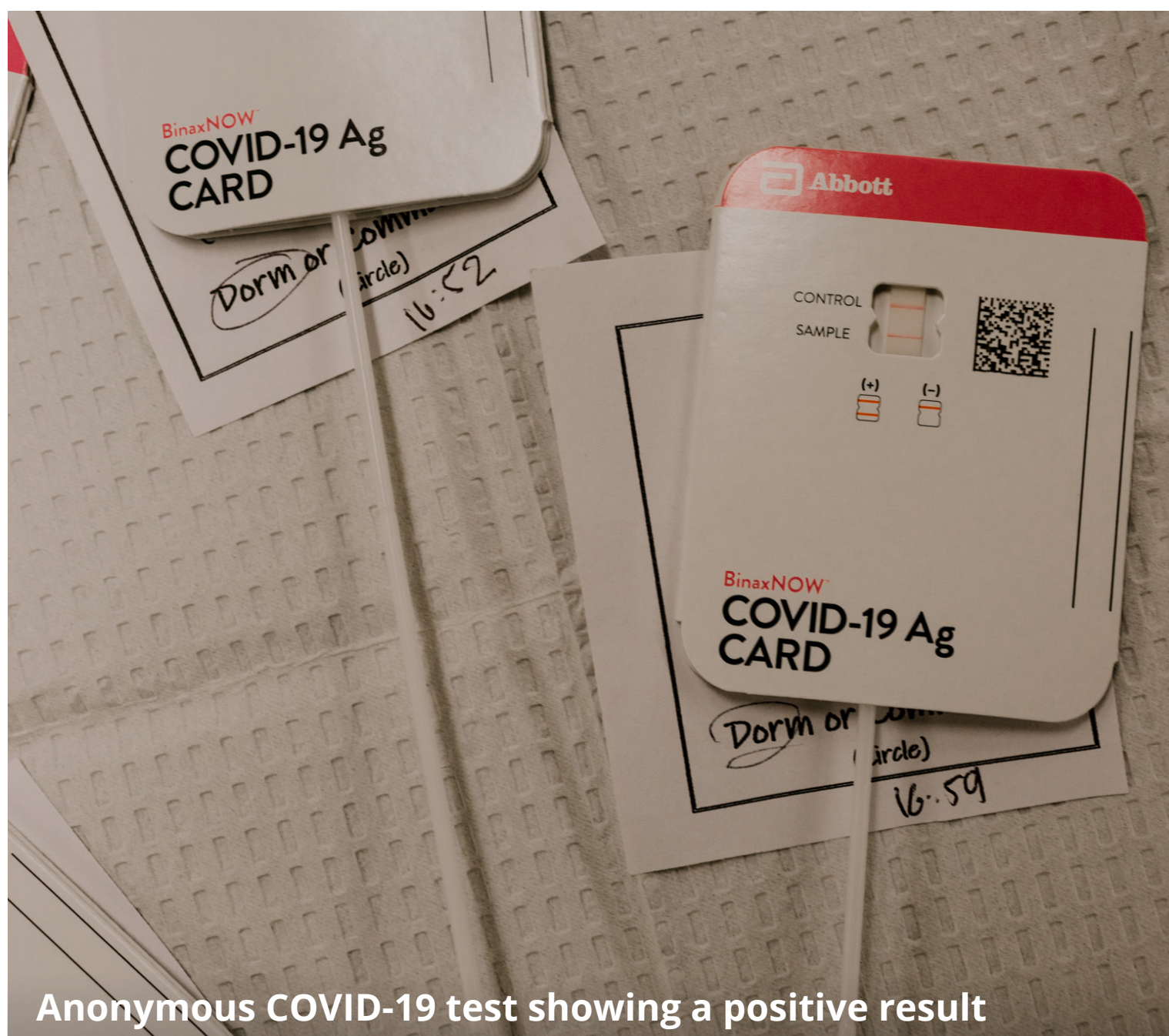
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quarter, described the responsibilities she and other student volunteers had at the testing center. "I was responsible for setting up the equipment and testing materials," Bothwell said. "Depending on what other nurses were there, I would either collect samples from the students and faculty or perform the testing on the samples."

In order to be qualified to work at the clinic, the students were required to be registered nurses or EMT students. They were also required to attend a training session on the COVID-19 testing process led by Sandy Sargent, director of Health Services.

The student nurses noted that one challenge with working at the testing center was dealing with the low supply of test kits and the high demand for frequent testing of the student body.

"The most difficult thing about it was simply getting enough COVID testing kits from the [manufacturers]," Bothwell explained. "Many days we would have to cancel or postpone testing because we did not have testing kits." "However, this quarter the issue has been resolved and there are plenty of tests to go around." ■



Anonymous COVID-19 test showing a positive result

EX CATHEDRA

Unboxing the Brain

By Jim Wibberding, D.Min.

The human species has a weird ability to remove their brain from their head and place it in a small box.

In the spirit of full disclosure, I should mention that I have not checked with the biology department to confirm this. Perhaps I would get further with the psychology and social work folks anyway.

Pending confirmation, my confidence in the existence of this superpower is high. Why do I believe this? Because people resist new ideas with a tenacity that is otherwise hard to explain.

Several things swirl through my head as I write, contributing to this belief.

Last week, I wrote an article about church dress codes that blew up online. I opposed “costumes,” which stirred some people right past dialogue to serious hostility. My expressed concerns about the cultural intolerance, generational alienation, gender inequity, narrow views of God, spiritual pretense, perfectionistic impulses and authoritarian control that saturate church dress codes held no weight against their prior views.

In the academic world, my bandwidth is occupied with some other things. This quarter, I teach classes like Next Generation

Christian Leadership, Missional Leadership and Women in Adventist History amongst others. As I share core concepts in these classes, I am deeply aware of the walls those concepts clank against.

In Next Generation Christian Leadership, I preach a collaborative, non-authoritarian leadership that works to build others up—“listen, inspire, empower, equip” will sound familiar to some of you. All the while, I know that the authoritarian impulse remains strong in the human family. Just look at some of the leaders we choose to follow in this world.

On the Missional Leadership scene, our pastors-in-training grapple with ways to overcome the inertia of institutionalism to let Christ’s mission and the Holy Spirit transform how we do church—what one student called “churching” this week (you know who you are). But we grapple because we know that the status quo is a heavy weight to push from our path.

As for social issues, I have shared with my Women in Adventist History class plentiful documentation that Ellen White held the credentials of an ordained minister for forty-four years (from 1871 to 1915) and exercised more influence in leading the Adventist Church than any man. Still, I know that the loudest voices calling for male headship in the Church usually just turn up the volume when faced with such facts.

While I write, the next items on my to-do list are crafting presentations about “Reshaping the Church for a New Generation” and “Leading Deeper Worship” for a group of teachers. And I also need to get back to a guy across the country who is asking about different views of sexual orientation. All of these tasks are fraught with the perils of navigating the change around us.

Just to put the cherry on top, let us now turn to discussions of the pandemic and politics and the NFL playoffs and... no, I don’t want to do that to you. I think I have illustrated the brain box problem enough.

My ideas, your ideas, new ideas feel so threatening to so many people—so threatening that they would rather stop

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Prof. Jim Wibberding

learning than ponder new facts or new ways of interpreting them. So, it seems that they reach into that cranium, lift their brain out and place it in a tight, dark box.

If you are tracking with me at all, you might be asking the same question I am: What do we do with this brain box problem?

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CAMPUS

Senators Propose Changes to Lift Campus Spirits

By Kayla Crist

Another academic quarter brings another chance for the Student Senate to make a difference. On Jan. 20, senators from each department on campus attended a virtual meeting where they brought new and exciting ideas to the table for ways to improve student life.

SA Executive Vice President Alexander Chuquimia led the meeting while senators brainstormed early ideas for how to spend the remaining funds allocated to Student Senate for the year.

One suggestion proposed in the meeting came from senator Jocelyn Thapa Saru of the psychology and social work departments, who suggested obtaining

new projectors for the biology department. Thapa Saru pointed out that the biology department's current equipment is faulty and professors and students alike would benefit from new projectors.

Another proposal came from senator Alma Ramirez of the theology department, who suggested that SA should work with the athletic department to purchase more handholds for the climbing wall.

Chuquimia encouraged the senators' wide range of ideas but requested they continue thinking of bills focused on what could bring the student body more accommodations and a better experience.

Part of bettering the campus experience

is acknowledging the uneasiness within the community due to the increasing rate of COVID-19 cases. While precautions are being taken across campus, Chuquimia believes that Student Senate "can help improve the mood on campus," as well as "ease the tension" by making improvements with the budget they have.

While money has been allocated to implement the changes proposed by bills that passed in fall quarter, there are still funds available for amenities, events and other services for the student body for the remainder of the school year. If you have suggestions for how to improve PUC, bring your ideas to a senator to help make a difference. ■

EX CATHEDRA

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I hear lots of answers to the question. "Just don't talk about it." "Call it out!" "Live and let live!" "Give them tough love."

Neither avoidance nor attacking people with different views is improving matters. Both tactics push people deeper into the boxes, either by the echoes of our own thoughts or by retreat from the onslaught. So what do we do with this brain box problem?

It starts with us. The other people are not the only ones putting their brains in boxes. We all do it. I know, I know, "But the other people are worse!" That might be true. But even if it is, the solution still starts with those of us willing to admit the problem.

And it matters. The boxing of our brains to narrow our field of thought is a comfort we often afford ourselves, but it isolates us from the beautiful people God put in our lives and it keeps us from reaching our created potential.

After setting up this question, it's probably a little awkward to mention that I don't really know the answer—but I believe I know where to begin. It starts with us. Here is what we need to do first: love people, listen to people, and respect people. I know it sounds basic, but it's what is missing.

Love. We cannot beat new ideas into

people, and we shouldn't anyway. The person matters more than being right. Jesus reminds us, "Love each other" and describes the level of love he wants us to show—"Just as I have loved you, you should love each other. Your love for one another will prove to the world that you are my disciples" (John 13:34-35 NLT). This is often a simple choice, and the practice of praying for God to help you love that chronic meme-posting person can help a whole lot too.

"My ideas, your ideas, new ideas feel so threatening to so many people—so threatening that they would rather stop learning than ponder new facts or new ways of interpreting them."

Listen. One of the best ways to show love is by listening, especially when you both know you don't want to. The Bible offers its wisdom to this idea in several places. Here's a sample—"Get all the advice and instruction you can, so you will be wise the rest of your life" (Proverbs 19:20 NLT). The practice of

good listening is often as simple as shifting from listening in order to respond, toward listening to understand.

Respect. In a discussion about taking down the temperature in religious debates, the Apostle Paul opines, "Who are you to condemn someone else's servants? [The 'someone else' whose servants they are is God.] Their own master will judge whether they stand or fall. And with the Lord's help, they will stand and receive his approval" (Romans 14:4 NLT).

It's a good starter list. Once we master loving, listening, and respecting, then let's talk again. Wouldn't it be incredible if we became the exception? If PUC was the place where we all unboxed our brains and learned from each other? How might that change the practice of our faith? Could it change our families and ripple through our neighborhood? Would we finally get politics worked out?

Okay, so that last question might be one question too far, but you can't blame a guy for dreaming. Love. Listen. Respect. I can see those boxes emptying already, minds open to learn together. Wait! Are we going to start thinking outside the box?

[Mildly sorry for the dad joke. But not very sorry.] ■

COMMUNITY

Student Missionary Shares His Service Experience

By Marina Maher

Ethan Foliente is a senior biochemistry major currently serving as a high school math teacher and student missionary at Pohnpei Seventh-day Adventist School on the island of Pohnpei, Micronesia.

After five months of service in this position, he considers it “the best experience of his life.”

Foliente felt compelled to serve as a student missionary because of his passion for service, medicine and teaching. After completing his undergraduate degree, he hopes to attend medical school and become a physician.

Foliente has many friends who have served on the island and recommended the experience to him when he was considering becoming a student missionary. His older brother served on Kosrae, another island

state in Micronesia, and also found it a memorable experience.

During the months that Foliente has spent in Pohnpei, he has taught precalculus, algebra II and geometry to his high school students.

According to Foliente, the challenging part about being a student missionary on the island during a pandemic is the limited mobility due to closed borders. While his own travel plans were not affected, he noted that the closed borders limited the amount of fresh produce coming into the island.

Foliente passionately expressed the joy teaching and serving as a missionary in Pohnpei has brought him. He strongly recommends becoming a student missionary to anyone who is considering it, noting that for him, it was a life-changing experience. ■



Student activities at Pohnpei SDA School



Foliente (bottom row, second from right) pictured with his students

CAMPUS

Want to Get Involved? Join the Club

By Abigail Mayan

In addition to academics, PUC promotes the importance of community through social activities. As a result, the college supports numerous clubs and organizations which students have the opportunity to join. Among these student groups are the Student Organization of Latinos (SOL), the Shin Wa Kai Jujitsu club and the National Society of Leadership and Success (NSLS).

Alondra Zepeda, president of SOL, stated that this cultural club “strives to welcome Latino students here on campus.” SOL also places an emphasis on making an effort to “share Latin-American and Hispanic culture with the people of PUC.”

Zepeda initially joined SOL because of her love for “celebrating Hispanic cultures,” and because the club is heavily involved on campus. She encouraged other students, regardless of whether they are from a Latino background, to join SOL, sharing that it is a great opportunity to “build memories and a great way to be active on the college campus.”

The Student Organization of Latinos plans several activities for all students to take part in throughout the year. Currently, they

are looking forward to an overnight trip to Albion on Feb. 25-27.

Sarah West, president of the Shin Wa Kai Jujitsu club, stated that her organization involves much more than learning and performing martial art techniques like “grabs, throws and holds.” She described the Jujitsu Club as “a safe place to meet people and to get to better yourself.” West initially joined the club due to her desire to continue her training in the martial arts, and said that she has since learned to respect her body while practicing skills that teach students “how to stay safe out in the real world.”

West encouraged those who are interested in the club to attend in order to “learn balance and decrease your stress.” She said that the club holds regular meetings that are frequently taught by visiting Jujitsu senseis.

The Jujitsu club also hosts an annual Albion overnight trip in conjunction with the biology department. West described this trip as “a great change of scenery” compared to their regular meetings on campus.

NSLS is one of the newest student organizations for PUC students. Karen

Asij, the vice president of the PUC chapter of NSLS, described it as “a leadership and honor society” that provides members with a leadership training program. Asij listed the perks of being inducted into the honor society and completing the training program, including “a certificate, letters of recommendation, scholarships and discounts at stores partnered with the organization.”

Society members have the opportunity to hear from various speakers during the NSLS Guest Speaker Series. During these broadcasts, student members are offered advice on academic and leadership success from today’s leaders, including famous academics, politicians and other influential individuals.

Asij stated that students who qualify for membership should “take advantage of this opportunity” as a way to develop and strengthen their leadership skills. Asij is now able to use the leadership skills she learned in order to help other PUC students involved in the organization. For more information on PUC’s student organizations, visit puc.edu/clubs. ■

CONVERSATION

College Assembly Addresses Intellectual Property and Curriculum

By Madison Brogan

The College Assembly, PUC’s biquarterly faculty gathering, convened on Tues., Feb. 1 to discuss student life and academic policies at Pacific Union College.

The meeting opened with devotionals emphasizing the theme of achieving goals, which was stated to be the objective of the first assembly of 2022.

This message was followed by the introduction of one prospective bill proposed by the Academic Senate regarding

the college-wide policy of ownership of academic intellectual property.

Associate Academic Dean Lindsay Morton and Professor of Mathematics Chantel Blackburn led the discussion on the proposal, which held that each professor would maintain the rights to the curriculum they personally created as an employee of PUC should they leave the college and continue their academic career at another institution.

The bill would also grant temporary rights to PUC to use these materials for up to two years after a professor leaves the college. Morton stated that the purpose of this bill was to serve as a buffer for educators needing time to devise their own teaching plans should they have to take over instruction of a class on short notice following the sudden departure of a professor.

Faculty and staff discussed the implications of this bill and it was ultimately passed.

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SPORTS

Junior Guard Talks Game Changers for Women's Basketball

By Amanda Barnes

The last few years of pandemic life have changed the way student athletes at PUC are able to play the sports they love. Olivia Crigler, a junior guard on the women's basketball team, shared her experience playing basketball this season and coping with the changes it presented.

"Since school has resumed, we've been hit with COVID pretty hard. We are all working hard and hoping to resume our play as soon as possible."

To be able to play this season, Crigler said "there have been a lot of changes." While the team did not get the opportunity to play against other schools last season due to COVID-19, she feels lucky that they were able to play a number of games this season. However, she noted that the team is taking lots of precautions to keep everyone healthy.

Crigler remembers the days of playing basketball before the pandemic fondly. "I miss the days of traveling and playing

the sport you love without concern or cancellation," she said. "It's hard on athletes to maintain a steady rhythm when things get shut down."

Some of Crigler's favorite memories over the years are "playing at home with the team and having school support. It makes the game more intense and helps the team."

To prepare for success in games this season, Crigler noted that "training can look different every day. We have practices and conditioning as a team every day. I always try my best to put in extra time to practice on shooting or different moves."

However, in addition to the coaching she receives on the team, Crigler said that her dad is her best trainer, helping her practice shooting, dribbling, passing and more. "During the summer he puts me through workouts everyday," she said.

Many games this season were cancelled due to rising COVID-19 transmission rates including games against Lincoln University, UC Merced, Simpson University, Embry-Riddle University, Benedictine University, Park University, Westcliff University and UC Santa Cruz.

Crigler said that before Christmas break, the team was healthy and the season was



Olivia Crigler

going strong. "As you can tell, since school has resumed, we've been hit with COVID pretty hard," she said. "We are all working hard and hoping to resume our play as soon as possible."

In the meantime, Pioneers fans are looking forward to seeing the women's basketball team back up and running on the court. ■

CONVERSATION

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However, they also agreed that further negotiations could be made beyond the policy at a later time should the college or a former professor wish to extend the length of shared use of intellectual property beyond the provided two years.

Following the vote on the intellectual property proposal, Interim Vice President for Student Life J.R. Rogers discussed the COVID-19 situation on campus. PUC has followed the general downward trend of case numbers across the nation, and safety precautions such as frequent testing and contact tracing which have allowed

"The purpose of this bill was to serve as a buffer for educators needing time to devise their own teaching plans should they have to take over instruction of a class on short notice."

students and faculty alike to stay healthy will continue to be followed in order to maintain the low rate of transmission.

The final presentation of the evening was on enrollment updates from Gene Edlbach, Vice President for Enrollment, Marketing and Communications. Over the past several quarters, the overall retention rate and new student transfer count have been increasing, and new retention projects are in the works to maintain these positive trends. President Ralph Trecartin concluded the College Assembly with a statement that these improvements in numbers and other changes are a positive indication that the future of PUC holds much promise. ■

SOCIAL

OATMILK LATTE

no.5

by M.W.



NOW HIRING


Academic Administration is looking for a student to assist with general administrative tasks. Freshmen or sophomores are preferred, and hours are negotiable between 8 a.m. - 5 p.m. Mon. - Thu. and 8 a.m. - 12 p.m. Fri. To request an interview, interested students should email Associate Academic Dean Lindsay Morton at lmorton@puc.edu.

Bon Appetit is hiring students to fill kitchen positions at the Dining Commons, where they will serve meals and do light food preparation work. All necessary equipment and experience are provided on the job. Interested students should email catering@puc.edu.

The Nursing and Health Sciences Department needs a front office student assistant. Freshmen or sophomores are preferred, and students cannot be enrolled in the nursing or pre-nursing programs. Work hours are flexible around students' academic schedule. Interviews are by appointment, and interested students should submit their application and resume to Nursing Department Manager and Contract Administrator Ruth Zemansky at erzemansky@puc.edu.

The Accounting Department has a position open for a student worker. Responsibilities include basic projects using Excel, review of data entry in Excel, posting journals and filing. Interested students should email accounting@puc.edu.

For more job listings and further information, scan the QR code.



FIND THE ANSWER, WIN FREE COFFEE!

Every issue we'll ask you a question with an answer hidden somewhere in the paper. The first person to find the answer and message us on Instagram @pucchronicle will win a free drink at the Grind! This week's question is: **Who suggested getting more handholds for the rock wall in the gym?**

UPCOMING EVENTS

Friday, Feb. 4

Vespers (Valentine's Day Panel) — PUC Church, 8 p.m.

Saturday, Feb. 5

Glow-in-the-dark Capture the Flag — Campus Center, 6 p.m.

Thursday, Feb. 10

Senate Meeting — 10 a.m.