

Course Requirements

96 hours distributed as follows:

Spiritual and Cultural Heritage: Religion
 4 quarter hours required per year of attendance at a church-related university or college 8

Cultural Heritage
 Minimum 20 quarter hours 20

Courses must be chosen from at least three different areas of study: Art and music history/theory, performance/visual art (4 hours max.), literature, philosophy, civilization, history, and foreign language. Suggested courses include the following:

- ARTH 107 America in Art
 - ARTH 115+116 History of Western Art I,II (4-4)
 - ARTF 212 Ceramics I (2)
 - ENGL 212 Shakespeare in Performance (2-3)
 - ENGL 301 Great Books (4)
 - MUED 338 Music for Children (2)
 - MUHL 105 Survey of Music (3)
 - HIST 101+102 History of World Civilizations (4+4)
 - HIST 134+135 History of the United States (4+4)
 - PHIL 101 Introduction to Philosophy (4)
 - SPAN 105 Spanish for Health Care Profess. (3)
- Any foreign language (must be taken in order)

Natural Sciences and Math

- BIOL 101 Human Anatomy 5
- BIOL 102 Human Physiology 5
- MICR 134 General Microbiology 5
- CHEM 101 Introductory Chemistry 4
- CHEM 102 Survey of Organic Chemistry 4
- CHEM 103 Survey of Biochemistry 4
- MATH 106 College Algebra 4

Social Sciences

- ANTH 124 Cultural Anthropology 4
- PSYC 121 General Psychology 4
- SOCI 121 Introduction to Sociology 4

Communication Skills

- ENGL 101+102 College English (4+4) 8
- Select one speech course from the following: 3
- COMM 105 Intro to Communication (3)
- COMM 223 Interpersonal Communication (3)
- Recommended: CPTR 105 (3) 0-3

Health & Wellness

- Two physical education activity courses 2
- Select at least one course from the following: 2-3
- FDNT 235 Nutrition (3)
- HLED 162 Fitness for Life (2)
- HLED 166 Health Education (2)

Electives
 Take additional electives to achieve 96 quarter hours total.
 The following electives are recommended to assist in preparation for a dental hygiene career:

- ARTF 212 Ceramics I (2)
- BUAD 118 Personal Money Management (3)
- GNRL 204 Introduction to Dentistry (2)

Occupational Information

General Areas of Service

Dental Hygienists may work as independent contractors, in dental offices, in school systems, for health-related or governmental agencies, or may teach in a Dental Hygiene program.

Professional Training

To be licensed one must graduate from an accredited Dental Hygiene program and pass both a written and clinical examination. Advanced training is required to do research, teach, or work in public or school health programs.

Denominational Opportunities

There are increasing openings here and abroad.

Job Outlook

Employment opportunities are expected to continue to grow, especially in California.

Health Sciences, A.S.

Pacific Union College offers an A.S. degree with a major in Health Sciences. This major can be taken in conjunction with the pre-dental hygiene requirements. For more information, see guidesheet NHSC-02 or contact the Health Sciences advisor in the Nursing and Health Sciences Department.

Admission Information

For entrance to the junior professional year at Loma Linda University, the applicant must have the following:

- a. 96 quarter hours of acceptable college credit.
- b. Excellent academic standing.. The entering average GPA for 2011 was 3.3 and average science GPA was 3.1.
- c. Minimum of 20 hours of shadowing.
- d. Acceptable personal qualities.
- e. A personal interview with a representative designated by the school.
- f. A PUC Preprofessional Recommendation Committee letter from the Office of the Academic Dean, a recommendation letter from a spiritual leader, and a recommendation letter from an employer or professional. You should request these recommendations at the beginning of your 2nd year.
- g. The subject requirements outlined on the other side of this sheet.

For More Information

Early application is important

Apply before Christmas of the winter before you plan to enter the program. At the time of application request a PUC Preprofessional Recommendation Committee letter at the Office of the Academic Dean.

Courses with a grade of C- or lower will not transfer to Loma Linda University.

The Dental Hygiene program begins in late September.

Division of Dental Health
Public Health Service
U.S. Department of Health, Education, and Welfare
Washington, DC 20201

Division of Education Services
American Dental Hygienists' Association
444 North Michigan Avenue, Suite #3400
Chicago, IL 60611

Visit PUC's website: www.puc.edu

Sample Two-Year Program

This sample curriculum is designed to show you how a program may be constructed and to help you select a proper sequence of courses in the major. It is not likely that these courses can always be taken in the order given. Your advisor will help you design a personalized program of studies.

| First Year | F | W | S |
|--|----------|----------|----------|
| College English | 4 | 4 | - |
| Anatomy & Physiology** | 5 | 5 | - |
| General Microbiology** | - | - | 5 |
| Religion | 3 | 3 | - |
| Intro to Communication | - | - | 3 |
| Exercise Science | 1 | - | - |
| Foods and Nutrition | - | - | 3 |
| Intro to Dentistry | - | - | 2 |
| Cultural Heritage Courses and Electives* | 3 | 4 | 3 |
| | 16 | 16 | 16 |

| Second Year | F | W | S |
|--|----------|----------|----------|
| Chemistry sequence** | 4 | 4 | 4 |
| College Algebra | 4 | - | - |
| General Psychology | 4 | - | - |
| Introduction to Sociology | - | 4 | - |
| Cultural Anthropology | - | - | 4 |
| Introduction to Computers | 3 | - | - |
| Religion | - | - | 3 |
| Exercise Science | 1 | - | - |
| Cultural Heritage Courses and Electives* | - | 8 | 5 |
| | 16 | 16 | 16 |

Third and Fourth Years (at Loma Linda University)

* Consult with your advisor in order to select appropriate courses. Options and recommendations are listed on the other side of this sheet, and electives are the additional hours needed to reach 96 quarter hours once all required and specified courses are taken.

** First-year science courses are the most important for gaining admission to the program. During your freshman year take the sequence for which you are best prepared.