**Course Requirements**

96 hours distributed as follows:

**Spiritual and Cultural Heritage: Religion**
4 quarter hours required per year of attendance at a church-related university or college

**Cultural Heritage**
Minimum 20 quarter hours
Courses must be chosen from at least three different areas of study: Art and music history/theory, performance/visual art (4 hours max.), literature, philosophy, civilization, history, and foreign language. Suggested courses include the following:
- ARTH 107 History of American Art
- ARTH 115+116 History of Western Art I,II (4-4)
- ARTF 212 Ceramics I (2)
- ENGL 212 Shakespeare in Performance (2-3)
- ENGL 301 Themes in Literature (4)
- MUED 338 Music for Children (2)
- MUHL 105 Survey of Music (3)
- HIST 101+102 History of World Civ I, II (4-4)
- HIST 134+135 History of the United States I, II (4-4)
- PHIL 101 Introduction to Philosophy (4)
- SPAN 105 Spanish for Health Care Profess. (3)

Any foreign language (must be taken in order)

**Natural Sciences and Math**
- BIOL 101 Human Anatomy 5
- BIOL 102 Human Physiology 5
- MICR 134 General Microbiology 5
- CHEM 101 Introductory Chemistry 4
- CHEM 102 Survey of Organic Chemistry 4
- CHEM 103 Survey of Biochemistry 4
- MATH 106 College Algebra 4

**Social Sciences**
- ANTH 124 Cultural Anthropology 4
- PSYC 121 General Psychology 4
- SOCI 121 Introduction to Sociology 4

**Communication Skills**
- ENGL 101+102 College English I, II 8

Select at least one course from the following:
- COMM 105 Intro to Communication (3)
- COMM 225 Oral Interpretation (3)
- COMM 226 Public Speaking (3)

**Health & Wellness**
Two physical education activity courses 2

Select at least one course from the following:
- FDNT 235 Nutrition (3)
- HLED 162 Fitness for Life (2)
- HLED 166 Health Education (2)

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**Recommended Electives**
Take additional electives to achieve 96 quarter hours total.

The following electives are recommended to assist in preparation for a dental hygiene career:
- ARTF 212 Ceramics I (2)
- BUAD 118 Personal Money Management (3)
- GNRL 204 Introduction to Dentistry (2)
- Computer course: INFS 147 or INFS 148 (1)

**Occupational Information**

**General Areas of Service**
Dental Hygienists may work as independent contractors, in dental offices, in school systems, for health-related or governmental agencies, or may teach in a Dental Hygiene program.

**Professional Training**
To be licensed one must graduate from an accredited Dental Hygiene program and pass both a written and clinical examination. The B.S. degree is required to do research, teach, or work in public or school health programs.

**Denominational Opportunities**
There are increasing openings here and abroad.

**Job Outlook**
Employment opportunities are expected to continue to grow 19% from 2014 to 2024 (www.bls.gov).

**Health Sciences, A.S.**
Pacific Union College offers an A.S. degree with a major in Health Sciences. This major can be taken in conjunction with the pre-dental hygiene requirements. For more information, see guidesheet NHSC-03 or contact the Health Sciences advisor in the Nursing and Health Sciences Department.
Admission Information

For entrance to the junior professional year at Loma Linda University, the applicant must have the following:

a. 96 quarter hours of acceptable college credit (grades of C or higher).
b. Excellent academic standing. The entering average GPA for 2014 was 3.2 and average science GPA was 2.9.
c. Minimum of 20 hours of shadowing.
d. Acceptable personal qualities.
e. A formal interview (by invitation only).
f. Three letters of referencing including: spiritual leader, employer, and science professor. A PUC Preprofessional Recommendation Committee letter is preferred in place of the science professor letter. Talk to your advisor for more information about the committee letter.
g. The subject requirements outlined on the other side of this sheet.

For More Information

Application

The applicant should apply between August and early December for best chances. The application is made through the ADEA Dental Hygiene Centralized Application Service (DHCA). Apply at http://www.adea.org/dhcas.aspx.

At the time of application request a PUC Preprofessional Recommendation Committee letter at the Office of the Academic Dean.

Courses with a grade of C- or lower will not transfer to Loma Linda University.

The Dental Hygiene program begins in mid September.

Sample Two-Year Program

This sample curriculum is designed to show you how a program may be constructed and to help you select a proper sequence of courses. It is not likely that these courses can always be taken in the order given. Your advisor will help you design a personalized program of studies.

First Year

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Third and Fourth Years (at Loma Linda University)

* Consult with your advisor in order to select appropriate courses. Options and recommendations are listed on the other side of this sheet, and electives are the additional hours needed to reach 96 quarter hours once all required and specified courses are taken.

** First-year science courses are the most important for gaining admission to the program. During your freshman year take the sequence for which you are best prepared.