Course Requirements

96 hours distributed as follows:

Domain 1: Religion & Humanities
Minimum, 20 quarter hours distributed as follows

- Religion
    Take 4-8 hours of religion courses: 4-8
    (4 hours required per year of attendance at a SDA College)

- Humanities
    Take the remaining 12-16 hours from at least three of the following areas: 12-16
    Art; Music (max 4 hours of applied art and music)
    Literature; Philosophy
    History; Foreign Language.
    The following courses are recommended:
    ARTH 115 History of Western Art I (4)
    ARTH 116 History of Western Art II (4)
    MUHL 105 Survey of Music (3)
    ENGL 212 Shakespeare in Performance (2-3)
    ENGL 301 Themes in Literature (4)
    ENGL 331 Literature for Adolescents (4)
    PHIL 101 Introduction to Philosophy (4)
    HIST 101+102 History of World Civ I, II (4+4)
    HIST 134+135 History of the United States I, II (4+4)
    Any foreign language

Domain 2: Scientific Inquiry & Analysis

- Natural Sciences
    Take the following required courses:
    BIOL 111 Biological Foundations I (5)
    CHEM 111+112+113 General Chemistry 5+5+5
    CHEM 371+372+373 Organic Chemistry 4+4+4
    MATH 106 College Algebra 4
    Take one of the following options: 6-12
    PHYS 105+106L Intro to Physics & Lab (6)
    PHYS 111+112+113 General Physics (12)
    The following courses are optional but recommended:
    BIOL 101+102 Human Anatomy & Physiology (5+5)

- Social Sciences
    Take 12 hours from at least 2 areas:
    Take at least one course from the following: 3-4
    ANTH 124 Cultural Anthropology (4)
    SOCI 355 “Racial” and Ethnic Relations (3)
    Take the remaining 8-9 hours from the following areas: 8-9
    Anthropology; Economics; Geography; Political Science
    Psychology; Sociology
    The following courses are recommended:
    ANTH 124 Cultural Anthropology (4)
    ECON 261 Macroeconomics (4)
    ECON 265 Microeconomics (4)
    GEOG 210 World Regional Geography (3)
    PLSC 124 Introduction to American Govt (3)
    PSYC 121 General Psychology (4)
    PSYC 234 Human Development (4)

Domain 3: Communication
Minimum, 9 quarter hours distributed as follows

Take the following required courses:
    ENGL 101+102 College English I, II 4+4
Take at least one of the following courses: 1-3
    COMM 105 Introduction to Communication (3)
    INFS 147 PC World Processing (1)
    INFS 148 PC Spreadsheets (1)

Domain 4: Health & Wellness
Take at least one course from the following: 2-3
    FDNT 235 Nutrition (3)
    HLED 162 Fitness for Life (2)
    HLED 166 Health Education (2)
Take at least two courses from the following:
    ESAC (Exercise Science Activity) courses 1+1

Domain 5: Electives
Take additional electives as needed to meet the minimum requirement of 96 transferable quarter hours.
Recommended: Anatomy & Physiology, Biochemistry, Genetics, Cellular or Molecular Biology, Speech, Computer Applications, Critical Thinking

PLEASE NOTE that C minus (C-) grades are not transferable for credit to Loma Linda University.

Health Sciences, A.S.

Pacific Union College offers an A.S. degree with a major in Health Sciences. This major can be taken in conjunction with the pre-clinical laboratory science requirements. For more information, see guidesheet NHSC-03 or contact the Health Sciences advisor in the Nursing and Health Sciences Department.
Sample Two Year Program

This sample curriculum is designed to show you how a program may be constructed and to help you select a proper sequence of courses in the major. It is not likely that these courses can always be taken in the order given. Your advisor will help you design a personalized program of studies.

<table>
<thead>
<tr>
<th>First Year</th>
<th>F</th>
<th>W</th>
<th>S</th>
</tr>
</thead>
<tbody>
<tr>
<td>Intro to Allied Health</td>
<td>-</td>
<td>2</td>
<td>-</td>
</tr>
<tr>
<td>College English I, II</td>
<td>-</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>General Chemistry</td>
<td>5</td>
<td>5</td>
<td>5</td>
</tr>
<tr>
<td>Human Anatomy</td>
<td>-</td>
<td>5</td>
<td>-</td>
</tr>
<tr>
<td>College Algebra or Pre-calculus</td>
<td>4</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Religion</td>
<td>3</td>
<td>-</td>
<td>3</td>
</tr>
<tr>
<td>Human Physiology</td>
<td>-</td>
<td>-</td>
<td>5</td>
</tr>
<tr>
<td>Exercise Science Activity</td>
<td>-</td>
<td>1</td>
<td>-</td>
</tr>
<tr>
<td>Social Sciences/Cultural Heritage*</td>
<td>4</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>16</td>
<td>17</td>
<td>17</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Second Year</th>
<th>F</th>
<th>W</th>
<th>S</th>
</tr>
</thead>
<tbody>
<tr>
<td>Issues in Allied Health</td>
<td>-</td>
<td>2</td>
<td>-</td>
</tr>
<tr>
<td>Biological Foundations</td>
<td>5</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Organic Chemistry</td>
<td>4</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>Religion</td>
<td>-</td>
<td>3</td>
<td>-</td>
</tr>
<tr>
<td>Social Sciences/Cultural Heritage*</td>
<td>8</td>
<td>6</td>
<td>6</td>
</tr>
<tr>
<td>Health</td>
<td>-</td>
<td>2</td>
<td>-</td>
</tr>
<tr>
<td>Intro to Physics &amp; Lab</td>
<td>-</td>
<td>-</td>
<td>6</td>
</tr>
<tr>
<td>Exercise Science Activity</td>
<td>-</td>
<td>-</td>
<td>1</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>17</td>
<td>17</td>
<td>17</td>
</tr>
</tbody>
</table>

* See “Course Requirements” listed on previous page.

Any course number followed by a “*” indicates a course required by the major.

Third and Fourth Years are taken at Loma Linda University.