



## Faculty

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## Degrees and Programs

Psychology, B.S. ....	173
Psychology, B.A. ....	174
Social Work, B.S.W. ....	174

The department offers two majors: Psychology and Social Work. The goals of the department are as follows:

- To encourage purposeful living in the service of God and humanity by helping students understand and apply principles of human behavior in personal and professional relationships.
- To provide a general background for a wide range of careers that involve working with people, such as law, medicine, nursing, education, business, and the ministry.
- To prepare students at the baccalaureate level in the generalist framework for employment in the profession of social work.
- To prepare students for successful graduate study in psychology and social work.

## Major in Psychology, B.S.

A minimum of 79 hours (55 upper-division hours)

### ► Required Core Courses (57 hours):

PSYC 121	General Psychology	4
PSYC 122	Psychology Seminar*	3
PSYC 130	Introduction to the Psychology Major*	1
PSYC 322	Research Design	4
PSYC 323	Introduction to Experimental Psychology	4
PSYC 334	Child Development	3
PSYC 334L	Child Development Laboratory	1
PSYC 344	Psychology of Personality	4
PSYC 364	Social Psychology	4
PSYC 394	Colloquium**	3
PSYC 436	Physiological Psychology	4
PSYC 444	History and Systems of Psychology	4
PSYC 445	Learning and Memory	4
PSYC 490	Issues in Religion, Ethics, and the Human Sciences	4
PSYC 499	Systematic Issues in Psychology	4

### At least one of the following courses:

PSYC 390	Gender Issues (3)	3
SOCI 355	“Racial” and Ethnic Relations (3)	3

### At least one of the following courses:

PSYC 435	Psychology of Religion (3)	3
SOCI 435	Sacred and Profane in Society (3)	3

### ► Required Core Electives (11 hours):

At least 11 hours from the following:***		11
PSYC 240	Health Psychology (4)	
PSYC 260	Death and Dying (4)	
PSYC 335	Adolescent Development (3)	

\* Must be taken before the junior year.

\*\* Must be taken each quarter of the sophomore and junior years.

\*\*\* Transfer courses (generally limited to upper-division hours) may be approved by the department.

## Psychology and Social Work

PSYC 358	Abnormal Psychology (4)	
PSYC 360	Psychopharmacology (3)	
PSYC 368	Principles of Counseling (4)	
PSYC 390	Gender Issues (3)*	
PSYC 399	Research Seminar (1-2)	
PSYC 435	Psychology of Religion (3)*	
PSYC 457	Psychological Testing (4)	
PSYC 481	Field Work in Psychology Seminar (1)	
PSYC 491	Field Work in Psychology (1-2)	

### ► Required Cognate Courses (11 hours):

ANTH 124	Cultural Anthropology	4
SOCI 121	Introduction to Sociology	4
STAT 322	Statistical Methods	3

### Recommended Cognate Course:

Any college-level biology course with lab

*This recommendation is usually met by BIOL 102 (Human Physiology) or by any one of BIOL 111-112-113 (Biological Foundations).*

## Major in Psychology, B.A.

*A minimum of 68 hours (52 upper-division hours)*

Core and cognate requirements are the same as those for the B.S. degree except there are no psychology electives required. B.A. students are required to complete the foreign language component of the general education package.

## Bachelor of Social Work, B.S.W.

*A minimum of 101 hours (63 upper-division hours)*

The baccalaureate degree program in social work is fully accredited by the Council on Social Work Education. It is designed to prepare students at the baccalaureate level to enter the profession as generalist social work practitioners.

The objectives of the social work program support its mission and goals to train students as competent generalist social workers, ready for beginning professional practice in accord with the standards of the Council on Social Work Education. These objectives provide the standard by which the quality of education and professional competencies of students may be assessed. The major objectives are as follows:

1. Graduates will demonstrate beginning-level competence in professional generalist social work practice (work with individuals, small groups, families, organizations, communities, and administrative and legislative systems).

2. Graduates will appreciate the relevance of the history and philosophy of the social work profession to current practice and understand the current issues and social welfare policies that affect client systems and generalist practitioners.
3. Graduates will demonstrate a strong knowledge base, from an ecological perspective, of the bio-psycho-social, spiritual, and cultural factors that affect human behavior throughout life.
4. Graduates will demonstrate a working knowledge of quantitative and qualitative research methodologies at the micro, mezzo, and macro levels of practice, with emphasis on incorporating techniques for systematic evaluation of practice and awareness of technological advances.
5. Graduates will demonstrate values and ethics vital to the social work profession and will use supervised field practicum experiences to continue their growth in this area.
6. Graduates will provide social work resources to the community (Napa County, Sonoma County, Solano County, Lake County, PUC, and the SDA church at large) needing social services, consultation, and practice skills.
7. Graduates will demonstrate an ability to work with people from diverse backgrounds, with special attention to practice knowledge and skills related to the specific populations-at-risk in surrounding communities.
8. Graduates will understand the dynamics of social and economic injustice, including oppression and discrimination, and demonstrate skills needed to promote social change.
9. Graduates will demonstrate an appreciation for life-long learning and critical thinking grounded in their liberal arts foundation and professional social work education.

Students interested in social work as a profession should make an advisement appointment with the Social Work Program Director. The *Social Work Student Handbook* contains detailed information on the admissions process.

1. Complete the program admissions packet, including admissions application, personal statement, and reference letters.
2. Complete the personal admissions interview.

The Program Admissions Committee applies the following criteria in evaluating applications:

- Successful completion of required prerequisite courses
- Satisfactory academic record
- Effective oral-communication skills
- Effective written-communication skills
- Attitudes, behaviors, and ethics appropriate to the social work profession

\* Not applicable if used to meet another major requirement.

The Admissions Committee notifies each candidate of the action taken on his or her application. To remain in the program, students must continue to meet the same academic, ethical, and behavioral standards. (The *Social Work Student Handbook* contains further information on criteria for admission to the program, continuance in it, and the appeal process.)

► **Required Core Courses (69 hours):**

PSYC 322	Research Design	4
SOCI 355	“Racial” and Ethnic Relations	3
SOWK 121	Introduction to Social Work	3
SOWK 232	American Social Problems	4
SOWK 275	History and Philosophy of Social Welfare Institutions	3
SOWK 340	Writing for Program Evaluation I	1
SOWK 341	Program Evaluation	2
SOWK 368	Principles of Counseling	4
SOWK 376	Human Behavior in the Social Environment I	3
SOWK 377	Human Behavior in the Social Environment II	3
SOWK 382	Practice Theory I	4
SOWK 383	Practice Theory II	4
SOWK 394	Colloquium*	3
SOWK 465	Practice Theory III	4
SOWK 468	Social Welfare Policy and Contemporary Social Issues	3
SOWK 476	Field Experience I	5
SOWK 477	Field Experience II	4
SOWK 478	Field Experience III	5
SOWK 486	Integrative Field Seminar I	1
SOWK 487	Integrative Field Seminar II	1
SOWK 488	Integrative Field Seminar III	1
SOWK 490	Issues in Religion, Ethics, and the Human Sciences	4

► **Required Core Electives (8 hours):**

Electives must be selected in consultation with the Social Work advisor.

► **Required Cognate Courses (24 hours):**

ECON 261	Principles of Economics-Macroeconomics	4
PLSC 124	Introduction to American Government	3
PSYC 121	General Psychology	4
STAT 222	Introduction to Statistics	4

*One of the following courses:* 5

BIOL 101	Human Anatomy (5)
BIOL 102	Human Physiology (5)

*At least one of the following courses:* 4

PSYC 344	Psychology of Personality (4)
PSYC 358	Abnormal Psychology (4)

► **General Education Requirements:**

The general education requirements for the B.S.W. are the same as for the B.S. degree except that the health requirement (VI-A) is fulfilled by the major.

**Recommended Courses:**

Students who intend to seek employment in California are strongly urged to include Spanish as a second language. See especially SPAN 111-112 Beginning Spanish.

**Minor in Psychology**

*A minimum of 30 hours (12 upper-division hours)*

► **Required Courses (7 hours):**

PSYC 121	General Psychology	4
PSYC 122	Psychology Seminar	3

► **Required Electives (23 hours):**

*At least 23 hours from the following (12 upper-division):* 23  
Additional non-service PSYC courses

\* Must be taken each quarter of the sophomore and junior years.

## Psychology and Social Work

### Anthropology

LOWER-DIVISION COURSE:

#### **ANTH 124** 4 F, S **Cultural Anthropology**

The nature and concept of culture, the learning and growth of culture, and the development of cultural patterns. Survey of economics, kinship, gender, political structures, languages, and religion in technologically simple and complex societies.

### Psychology

(PSYC 121 is prerequisite to all other courses in Psychology except PSYC 126, 227 and 390.)

SERVICE COURSE:

*(Not applicable to a major or minor in this department)*

#### **PSYC 234** 4 F, S **Human Development**

Theory and research in developmental psychology, including an overview of the mental, emotional, physical, social, and moral development of the individual from conception to senescence.

LOWER-DIVISION COURSES:

#### **PSYC 121** 4 F, W, S **General Psychology**

Survey of the field of psychology: social processes, biological psychology, learning, development, motivation, stress, personality, psychopathology, and therapies.

#### **PSYC 122** 3 W **Psychology Seminar**

An introductory seminar emphasizing the exploration and discussion of psychological issues. Includes critical analysis of psychological topics and religious, ethical, and social implications of psychological theory and data.

#### **PSYC 126** 2 F, W, S **Assertive Behavior** (See SOWK 126.)

#### **PSYC 130** 1 W **Introduction to the Psychology Major**

Introduction to the basic skills needed for success in major courses and an overview of career and graduate school options. Includes PsychINFO, APA style, critical evaluation of research, research ethics, internet tools, and academic and professional options in psychology. Should be completed during the freshman or sophomore year.

#### **PSYC 227** 3 F, W **Conflict Resolution and Relationship Skills** (See SOWK 227.)

#### **PSYC 240** 4 S **Health Psychology**

The scientific study of the psychological factors contributing to wellness, illness, recovery from and prevention of illness. A particular focus is on health promoting and compromising behaviors. Also considers the professional discipline that applies knowledge about these factors in order to intervene to maximize wellness.

#### **PSYC 260** 4 W **Death and Dying** (See SOWK 260.)

UPPER-DIVISION COURSES:

#### **PSYC 322** 4 F **Research Design**

Methods of inquiry in the behavioral sciences from conception of idea to analysis of data. Includes the experiment, survey research, observational methods, and program evaluation. Three lectures and one laboratory per week. The laboratory introduces the student to the Statistical Package for the Social Sciences (SPSS). Prerequisite: STAT 222.

#### **PSYC 323** 4 W **Introduction to Experimental Psychology**

Research design and procedures in psychological research. Requires a major research project laboratory. Two lectures, a 30 minute individual appointment with the instructor, and 4.5 hours of laboratory per week. Prerequisite: PSYC 322.

#### **PSYC 334** 3 F **Child Development** (See also ECED 334.)

Theory and research in developmental psychology; their application in understanding and relating to children. Focus on learning, perception, and identification and on the development of intelligence, motivation, language, play, personality, self-concept, moral principles, and sex roles. Emphasis on interaction between innate development and environmental influences. Covers infancy through adolescence. Note: psychology majors must also take PSYC 334L.

#### **PSYC 334L** 1 F **Child Development Laboratory**

Review and actual practice of research methods in the study of preschool and elementary school age children.

**PSYC 335** **3 W**  
**Adolescent Development**

Theory and research in adolescent development. Focuses on the unique tasks and conflicts of adolescence, the role and function of adolescence in modern society, and the social and psychological problems and opportunities associated with adolescence.

**PSYC 344** **4 F**  
**Psychology of Personality**

Survey and analysis of major theoretical models of personality, personality classification systems, and empirical research.

**PSYC 358** **4 S**  
**Abnormal Psychology**

Overview of psychological disorders: description of symptoms, course of the disorder, etiology, and treatment. Includes survey of current biological and behavioral research in psychopathology and behavioral disorders. Recommended prerequisite: PSYC 344.

**PSYC 360** **3 F**  
**Psychopharmacology**

The drugs that affect behavior through action on the nervous system. Major psychoactive drug groups include anti-anxiety, antidepressant, antipsychotic, stimulant, and drugs of abuse. Related issues of drug distribution, administration, dosage, absorption and fate.

**PSYC 364** **4 W**  
**Social Psychology**

The psychological principles underlying group behavior and the effects of the group on individual behavior: attitude change, conformity, aggression, prejudice, and theories of interpersonal attraction, altruism and attribution. Three lectures and one laboratory per week.

**PSYC 368** **4 F**  
**Principles of Counseling**

(See also SOWK 368.)

A prepractice introduction to the work, ethical issues, and theories of counseling. Emphasis on establishing a beginning personal philosophy of counseling. Recommended prerequisite: PSYC 344 or 358.

**PSYC 390** **3 S**  
**Gender Issues**

(See also SOWK 390.)

Historical, biological, sociological, cultural, and psychological impacts on gender issues, both male and female. Significant emphasis on the effects on the individual, family, workplace, community, and society. Breaking stereotypes and barriers.

**PSYC 394** **.5 F, W, S**  
**Colloquium**

(See also SOWK 394.)

Topics of current interest in social work and psychology. Includes guest speakers, progress reports on student and faculty research, and presentations on current professional issues. Required for all department majors during each quarter of the sophomore and junior years. Repeatable to a maximum of 3 credits.

**PSYC 399** **1-2 F-W**  
**Research Seminar**

For students completing a research project with supervision by a research mentor. Emphasis on revision and submission of an APA-style manuscript for professional presentation. Prerequisite: Approval of the instructor. With approval of the instructor, repeatable to a maximum of 4 credits. Qualifies for IP grading.

**PSYC 435** **3 F**  
**Psychology of Religion**

Religious experience, behavior, and development from the perspective of dynamic and research psychologies. Two hours may be applied toward the general-education requirement in religion. Odd years.

**PSYC 436** **4 F**  
**Physiological Psychology**

The physiological explanations of behavior; brain-behavior relationships; sensory, neural and motor structures significant to human experience.

**PSYC 444** **4 W**  
**History and Systems of Psychology**

Greek and medieval background of psychology, the early modern period, the emergence of contemporary experimental work, and special fields of psychology; influential psychological systems.

**PSYC 445** **4 W**  
**Learning and Memory**

Comparison and integration of basic research in animal learning and human memory and cognition. Emphasis on the relative roles of mechanistic and mentalistic variables and on the plausibility of universal laws of learning. Three lectures and one laboratory per week.

**PSYC 457** **4 S**  
**Psychological Testing**

The purpose, contribution, and problems of psychological testing. Emphasis on understanding the psychometric and clinical characteristics of standardized tests. The major areas of testing, including ability, achievement, intelligence, interest, and personality. Three lectures and one laboratory per week. Recommended prerequisite: STAT 222.

## Psychology and Social Work

### **PSYC 481** **1 W** **Field Work in Psychology Seminar**

A weekly seminar focusing on ethical and professional issues in psychology; case presentations. Prerequisites: Completion of a Field Work Application by the last Friday before Thanksgiving Recess; completion of 60 hours of college credit; a grade of C- or higher in PSYC 122, 130, and one of the following: PSYC 344, 358, or 368 (concurrent registration is acceptable); and permission of the instructor. Corequisite: PSYC 491.

### **PSYC 490** **4 S** **Issues in Religion, Ethics, and the Human Sciences** (See also SOWK 490.)

Exploration of tensions in belief, conduct, and identity that arise from being both a Christian and a person changed through contact with the human sciences. Special attention to issues for Christians entering professions in psychology and social work. Open to senior majors in the Psychology and Social Work Department and to others by permission of the instructor.

### **PSYC 491** **1-2 F, W, S** **Field Work in Psychology**

Placement in a local human service agency (for 3-6 clock hours per week). Prerequisite: Completion of PSYC 481 (concurrent registration is acceptable), and permission of the instructor. Repeatable to a maximum of 3 credits.

### **PSYC 495** **1-3 F, W, S** **Independent Study**

Enrollment limited to department majors wishing to pursue independent investigations in psychology under the direction of the Psychology faculty. Repeatable to a maximum of 3 credits.

### **PSYC 499** **4 F** **Systematic Issues in Psychology**

A review of the psychology major, including an in-depth analysis of the experimental foundations of general psychology; orientation to the graduate school application process and preparation for the psychology GRE. Enrollment limited to senior psychology majors.

## Sociology

### LOWER-DIVISION COURSES:

### **SOCI 121** **4 W, S** **Introduction to Sociology**

The relationship of sociology to the total behavioral science field; orientation to the structure and functioning of society; development and social nature of personality; background and development of culture; basic social institutions.

### **SOCI 214** **4 S** **The Family** (See SOWK 214.)

### **SOCI 232** **4 F** **American Social Problems** (See SOWK 232.)

### UPPER-DIVISION COURSES:

### **SOCI 355** **3 S** **"Racial" and Ethnic Relations**

History of ethnic groups in the United States. Ethnic groups studied include African Americans, Jewish Americans, American Indians, Asian Americans, Latin Americans, and European Americans. The nature of prejudice and discrimination, especially as evidenced in contemporary American racial problems; possible solutions of group conflict.

### **SOCI 435** **3 F** **The Sacred and Profane in Society**

Examination of the social-religious nature of humankind; description and use of concepts in the sociological study of religion; consideration of mainstream and marginal religious organizations and movements. Two hours may apply toward the general-education requirement in religion. Even years.

### **SOCI 495** **1-3 F, W, S** **Independent Study**

Enrollment limited to advanced students wishing to do independent research under direction of the department faculty.

## Social Work

### LOWER-DIVISION COURSES:

### **SOWK 121** **3 F, S** **Introduction to Social Work**

Introduction to the profession of social work and social interventions. Fields of practice, practice methods, and the knowledge, values, ethics, and skills of the profession. Focus on social work and populations-at-risk and issues of human diversity. Open to all students interested in the profession of social work and social interventions.

### **SOWK 126** **2 F, W, S** **Assertive Behavior** (See also PSYC 126.)

Emphasis on developing basic skills and confidence in clarifying one's desires or needs and communicating them to others in socially acceptable and effective ways. Learning through role playing, discussion, and setting personal goals.

**SOWK 214** **4 S**  
**The Family**

(See also SOCI 214.)

Exploration of the meaning and functions of family systems. The adjustments of premarriage, marriage, and family living viewed as a system, with focus on skills designed to establish and maintain the family institution.

**SOWK 227** **3 W**  
**Conflict Resolution and Relationship Skills**

(See also PSYC 227.)

Skill development in self-understanding and in relating effectively with others. Provides tools for effective communication and conflict resolution. Applicable to personal, work, and social relationships.

**SOWK 232** **4 F**  
**American Social Problems**

(See also SOCI 232.)

An introduction to major social problems in current American society. Causality, current dynamics, and projections on the future climate of social change related to crime, violence, population, environment, family issues, discrimination, social and economic justice, and health care.

**SOWK 260** **4 W**  
**Death and Dying**

(See also PSYC 260.)

Focuses on bio-psycho-social, cultural and spiritual factors related to death and dying. Includes a review of the physical aspects, agencies and institutions involved in the death process; legal issues; psychological theories of grief and mourning; and cultural, spiritual, and religious death rituals and beliefs. Also emphasizes support for professional crisis workers (e.g. police, firefighters, nurses, doctors, and ministers) and traumatic stress responses to disasters.

**SOWK 275** **3 W**  
**History and Philosophy of Social Welfare Institutions**

Exploration of changing value systems and philosophies and the attempts of society and social welfare institutions to meet human needs. Examination from both historical and current perspectives. Prerequisites: SOWK 121, PLSC 124 and HIST 101-102 or HIST 134-135 or permission of the instructor.

UPPER-DIVISION COURSES:

**SOWK 340** **1 F**  
**Writing for Program Evaluation I**

Introduction to program evaluation with an emphasis on the writing process. Corequisite: PSYC 322. Enrollment limited to junior B.S.W. majors, or those who have permission of the instructor.

**SOWK 341** **2 W**  
**Program Evaluation**

Emphasis on the process of carrying out a program evaluation project and the dissemination of findings. Prerequisites: SOWK 340 and PSYC 322.

**SOWK 342** **1 S**  
**Writing for Program Evaluation II**

Extensive re-writing of a student's program evaluation project in preparation for presentation to program staff and the broader practice community. Prerequisite: SOWK 341.

**SOWK 368** **4 F**  
**Principles of Counseling**  
 (See PSYC 368.)

**SOWK 376** **3 F**  
**Human Behavior in the Social Environment I**

The bio-psycho-social factors that impact or influence behavior from infancy through young adulthood from the person-in-environment perspective. Focus on the assessment process in generalist practice, with special attention to cultural awareness and factors of human diversity. Emphasis on research relevant to social work practice. Prerequisites: SOWK 275, BIOL 101 or 102, PSYC 121.

**SOWK 377** **3 W**  
**Human Behavior in the Social Environment II**

The bio-psycho-social factors that influence behaviors of individuals from young adulthood through the elder years from the person-in-environment perspective. Focus on the assessment process in generalist practice, with special attention to cultural awareness and factors of human diversity. Emphasis on research relevant to social work practice. Prerequisite: SOWK 376, or permission of instructor.

**SOWK 382** **4 S**  
**Practice Theory I**

Emphasis on the generalist model of practice with focus on work with individuals. The micro level of intervention as it relates to client engagement, problem assessment, data collection, goals, strategies, action, and evaluation to help the client or client system resolve problems. Three lectures and one laboratory per week Prerequisites: SOWK 368, 376, 377 or permission of the instructor. Enrollment limited to B.S.W. majors.

## Psychology and Social Work

### **SOWK 383** **4 F** **Practice Theory II**

Emphasis on the generalist model of practice with small groups and family systems. The mezzo level of intervention as it relates to group goals, structure, dynamics and processes. Focus on development of basic group work skills and techniques in working with groups of various composition and age. Three lectures and one laboratory per week. Prerequisites: SOWK 368, 376, 377 or permission of the instructor. Enrollment limited to B.S.W. majors.

### **SOWK 390** **3 S** **Gender Issues** (See PSYC 390.)

### **SOWK 394** **.5 F, W, S** **Colloquium** (See PSYC 394.)

### **SOWK 465** **4 W** **Practice Theory III**

Basic knowledge at the macro level necessary for functioning effectively in generalist social work roles. Focus on problem-solving methods for desired change within generalist practice; organizations and communities as they promote, restore, maintain, and enhance social functioning. Emphasis on community organization with diverse populations and on research techniques. Prerequisite: SOWK 382 and 383 or permission of the instructor. Enrollment limited to B.S.W. majors.

### **SOWK 468** **3 S** **Social Welfare Policy and Contemporary Social Issues**

Focuses on policy analysis, critical thinking and current political issues at the state and federal levels as they impact diverse client populations. Explores the active role of the generalist social worker in this process. Prerequisite: SOWK 275, ECON 261 or permission of the instructor.

### **SOWK 476** **5 F** **Field Experience I**

A placement of 150 clock hours in an approved social service agency with emphasis on integration and active use of content from all areas of the curriculum. Prerequisite: SOWK 382. Corequisites: SOWK 383 and 486. Enrollment limited to senior B.S.W. majors with full acceptance into the Social Work Program. Qualifies for IP grading.

### **SOWK 477** **4 W** **Field Experience II**

A placement of 120 clock hours in an approved social service agency with emphasis on integration and active use of content from all areas of the curriculum. Prerequisite: SOWK 476. Corequisite: SOWK 487. Enrollment limited to senior B.S.W. majors with full acceptance into the Social Work Program. Qualifies for IP grading.

### **SOWK 478** **5 S** **Field Experience III**

A placement of 150 clock hours in an approved social service agency with emphasis on integration and active use of content from all areas of the curriculum. Prerequisite: SOWK 477. Corequisites: SOWK 465 and 488. Enrollment limited to senior B.S.W. majors with full acceptance into the Social Work Program. Qualifies for IP grading.

### **SOWK 486** **1 F** **Integrative Field Seminar I**

A seminar to facilitate the transition from theory to practice. Corequisite: SOWK 476. Qualifies for IP grading.

### **SOWK 487** **1 W** **Integrative Field Seminar II**

A seminar to facilitate a continued integration of theory and practice issues. Corequisite: SOWK 477. Qualifies for IP grading.

### **SOWK 488** **1 S** **Integrative Field Seminar III**

A seminar designed to provide opportunity for practicum students to exchange learning from their field settings. Emphasis on continued integration of theory and practice issues, with particular emphasis on team consultation skills. Corequisite: SOWK 478. Qualifies for IP grading.

### **SOWK 490** **4 S** **Issues in Religion, Ethics, and the Human Sciences** (See PSYC 490.)

### **SOWK 495** **1-3 F, W, S** **Independent Study**

Enrollment limited to advanced students wishing to do independent research on a specific topic of current social work interest and its implication for integrative practice.