Course Requirements

96 hours distributed as follows:

Domain 1: Religion & Humanities
Minimum, 20 quarter hours distributed as follows

➤ Religion
Take 4-8 hours of religion courses: 4-8
(4 hours required per year of attendance at a SDA College)

➤ Humanities
Take at least one of the following courses:
HIST 101+102 History of World Civ I, II (4+4)
HIST 134+135 History of the United States I, II (4+4)
Take the remaining 8-12 hours from at least two
of the following areas:
Art; Music (max 4 hours of applied art and music)
Literature; Philosophy; Foreign Language.
The following courses are recommended:
ARHT 115 History of Western Art I (4)
ARHT 116 History of Western Art II (4)
MUHL 105 Survey of Music (3)
ENGL 212 Shakespeare in Performance (2-3)
ENGL 301 Themes in Literature (4)
ENGL 331 Literature for Adolescents (4)
PHIL 101 Introduction to Philosophy (4)
Any foreign language (Spanish is highly recommended)

Domain 2: Scientific Inquiry & Analysis

➤ Natural Sciences
Take the following required courses:
BIOL 101+102 Human Anatomy & Physiology 5+5
MICR 134 General Microbiology 5
CHEM 111+112+113 General Chemistry 5+5+5
MATH 106 College Algebra 4

➤ Social Sciences
Take 12 hours from at least 2 areas:
Take the following required course:
SOCS 121 Introduction to Sociology 4
Take one of the following courses:
PSYC 121 General Psychology (4)
PSYC 234 Human Development (4)
PSYC 235 Child Development (3)
Take the remaining 4-5 hours from the following areas:
Anthropology; Political Science; Psychology; Sociology

Domain 3: Communication
Take the following required courses:
ENGL 101+102 College English I, II 4+4
Take one of the following courses:
COMM 105 Introduction to Communication (3)
COMM 226 Public Speaking (3)

Domain 4: Health & Wellness
Take the following required course:
FDNT 235 Nutrition 3
Take at least two courses from the following:
ESAC (Exercise Science Activity) courses 1+1

Domain 5: Electives
Take additional electives as needed to meet the minimum require-
ment of 96 transferable quarter hours.

PLEASE NOTE that C minus (C-) grades are not transferable
for credit to Loma Linda University.

Health Sciences, A.S.

Pacific Union College offers an A.S. degree with a major in
Health Sciences. This major can be taken in conjunction with
the pre-nutrition and dietetics requirements. For more infor-
mation, see guidesheet NHSC-03 or contact the Health Sciences
advisor in the Nursing and Health Sciences Department.
Occupational Information

General Areas of Service
Registered Dietitians (RD) promote healthy eating habits, scientifically evaluate clients' diets, and suggest diet modifications to help prevent disease and treat illnesses. About one-half of job openings are in hospitals, nursing homes, or offices and clinics of physicians. Other jobs are in social service agencies, residential care facilities, physical fitness facilities, school systems, colleges and universities and the Federal Government. Some dietitians are self-employed and work as consultants to smaller hospitals, nursing homes and individual clients.

Professional Training
Students should obtain a professional baccalaureate degree or master's degree in Dietetics or a postgraduate diploma in Dietetics.

Job Outlook
Average employment growth is projected.

Earnings
Annual income at the entry-level varies by practice area. According to the American Dietetic Association's 2005 survey, Registered Dietitians in Medical Nutrition Therapy may expect to earn $45,000; those in food and nutrition management, $60,000; community nutrition, $44,800; consultation and business, $53,800; and education and research, $60,200. Some dietitians in private practice, or who work for major businesses as consultants, earn more than $125,000 per year. The average 2006 salary in California was $51,567.

For More Information
Vicki Saunders, Pre-Allied Health Advisor
Nursing and Health Sciences Department
Pacific Union College
One Angwin Avenue, Angwin, CA 94508
Phone: (707) 965-7632
Website: www.puc.edu/nursing
E-mail: vasaunders@puc.edu

Department of Nutrition & Dietetics
School of Allied Health Professions
Loma Linda University, Loma Linda, CA 92350
(909) 558-4593
Email: nutrition@llu.edu

A minimum GPA of 3.0 is required for admission, however, the average accepted GPA is closer to 3.5.

To apply online go to: http://www.llu.edu/apply/
Note: Admission requirements are subject to change each year.

Sample Two-Year Program

This sample curriculum is designed to show you how a program may be constructed and to help you select a proper sequence of courses in the major. It is not likely that these courses can always be taken in the order given. Your advisor will help you design a personalized program of studies.*

First Year

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Second Year

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Third and Fourth Years are taken at Loma Linda University.

* Note that MATH 096 must be taken if H.S. requirements have not been met. MATH 096 will not transfer to LLU. MATH 095 is a prerequisite for MATH 096.

** See “Courses Requirements” for requirements and options when selecting courses in the various areas.