PACIFIC UNION COLLEGE HEALTH SERVICES
Health Clearance Requirements for all Nursing Students

Pacific Union College Health Services department is required to keep all enrolled student’s health records on file. Dates of the required physical exam, immunizations, etc., are entered for each nursing student in the College’s computer system for your teacher/department to review at any time. In addition, every nursing student is responsible for maintaining their own copies of their health records if asked to produce them for clinical rotations. (Hospitals are requiring that anyone working in their facility have the ability to show documentation of immunizations and/or proof of immunity at any time).

Verification by the Nursing program MUST be fully completed no later than:

- September 1st for fall quarter
- December 1st for winter quarter
- March 1st for spring quarter

Please review your records and do not wait until the last minute!

If you see items needing to be renewed during the quarter, you MUST renew/complete the requirement by the date listed above. Students who have incomplete immunization records will NOT be allowed to attend clinical rotation.

Health Clearance Requirements for Nursing Students (Upon Entry to Program)

1. **Physical examination**: Accepted students to the Nursing program are required to have an exam within the last calendar year. (Exams older than 12 months from the beginning date of your first quarter will NOT be accepted.) If you have any significant medical changes since the date of your examination, PUC reserves the right to request an additional examination prior to beginning the nursing program. Physical examination forms are available at: [http://www.puc.edu/campus-services/health-services/home](http://www.puc.edu/campus-services/health-services/home) – select Health Information Form.

2. **Tuberculosis skin tests**: Entering nursing students are required to have two (2) TB skin tests prior to beginning the program. This means that an initial TB Skin Test (TST) must be done after the deadline shown below, and then, if the result is negative, a second TST needs to be administered between 8 and 21 days after the first test is read. This is called “two-step testing” which is required for all health care workers including nursing students. Test results that fall outside of the recommended time frame may result in the student needing additional TSTs. Testing must be done:
   - AFTER August 1st for fall quarter students
   - AFTER November 1st for winter quarter students
   - AFTER February 1st for spring quarter student

3. **Immunizations**: Written verification MUST be in English and include your name, date/dates given, and signature of medical provider who administered the vaccines. Lab findings must also be official documents.
   - **MMR**: MMR stands for measles (rubeola), mumps, and rubella: If you had any of these illnesses as a child you can verify immunity with a blood test (titer) with your physician’s approval. The lab report must show all three “positive for immunity” for meeting this requirement. If measles and mumps are below the level of immunity desired you will be required to receive two (2) doses of the MMR vaccine at least 28 days apart. If only rubella is below the level of desired immunity you will be required to receive only one (1) dose of the MMR vaccine. Please note that there are no separate vaccines available for these conditions.

   Please note: If you are unclear as to having these conditions or immunizations as a child you should know that MMR is safe to repeat and you will need to have two doses as listed above to meet the requirement. Also, some clinical rotation facilities may separately request that students show rubella evidence within the last 10 years, which may require repeating the MMR vaccine.

   **Varicella**: Varicella is chicken pox. If you had the illness as a child, you must have a blood test (titer) to show that you are “positive for immunity”. If you did not have the illness or are unsure, you should request the vaccine of two (2) doses at least 28 days apart. (Health Services does not carry this vaccine due to the expense and fragility of the vaccine. It can be ordered and administered for you but arrangements must be made in advance).
**Hepatitis B**: Hepatitis B vaccination is a series of three (3) vaccines given over a six-month period. (It is very important to have vaccine #2 four weeks after vaccine #1, and vaccine #3 at least five months after vaccine #2).

**DTaP/Tdap**: DTaP stands for diphtheria, tetanus, and pertussis. This vaccine should have the higher concentration of pertussis (thus the capital “P”). If you are unsure or it cannot be verified you must repeat this vaccine. Current recommendations are that anyone aged 19-65 who has direct patient contact in hospitals or clinics should get a dose of Tdap (the adult version of DTaP). A 2-year interval since the last Td is suggested, but not required.

**Influenza Vaccine**: You should also receive an annual influenza vaccine (after Aug 1). If you have not been vaccinated for the current year, you will be asked to complete a declination form.

**Health Clearance Requirements for Nursing Students (Ongoing)**

1. **Tuberculosis skin tests**: Continuing nursing students must participate in annual TB screening after the initial two-step process. As with other health documentation, verification of your annual screening must be turned in to Health Services no later than by the dates listed above for each quarter.

   *Also be advised that the Health Services department is here to administer and keep record of your vaccines. We cannot excuse or adjust the requirements for your program and are not responsible for notification of students in the event of changes to these requirements.*

   *If you have additional questions please contact the Nursing and Health Sciences department and/or your advisor for clarification. Your immunization requirements are your responsibility!*

**How to Reach Health Services**

Phone: (707) 965-6339  
Fax: (707) 965-6243  
[healthservices@puc.edu](mailto:healthservices@puc.edu)  
Health Services is located on South side of West Hall

**Office Hours**

**Monday - Thursday**: 9am-1pm, 1:30pm-4pm  
**Friday**: 9-12 noon  

**Note**: Our office is closed for lunch from 1-1:30pm. On-call staff are available all hours the office is closed including weekends and holidays. You can reach them by calling x6551. (Accessing medical care outside of PUC Health Services without prior authorization from on-call staff will become the financial responsibility of the individual.)