A.S. Cognates & General Education

The following courses are cognate requirements and general education requirements for the A.S. in Nursing at PUC. All of these requirements may be met prior to admission into the Nursing Program, and some of the requirements are prerequisites that must be completed prior to admission (see Program Admissions Requirements below).

> Required Cognate Courses (29-30 hours):
- BIOL 101 Human Anatomy 5
- BIOL 102 Human Physiology 5
- FDNT 235 Nutrition 3
- MICR 134 General Microbiology 5
- PSYC 121 General Psychology 4
- PSYC 234 Human Development 4

At least one of the following courses:
- ANTH 124 Cultural Anthropology (4)
- NURS 376 Nursing Issues: Transcultural Care (3)
- SOCI 121 Introduction to Sociology (4)
- SOCI 214 The Family (4)
- SOCI 232 American Social Problems (4)
- SOCI 355 “Racial” and Ethnic Relations (3)

> Additional Prerequisite (does not count towards the major):
- NURS 110 Introduction to Nursing (2)

> General Education Requirements (16-29 hours):

Written and Oral Communication
- COMM 105 Introduction to Communication 3
- ENGL 101 College English I 4

Math and Science
- At least one of the following options: 0-8
  A full year of Algebra II with semester grades of C or better from an accredited secondary institution
  Approved algebra waiver exam
- MATH 095+096 Basic Algebra I+II (4+4)

At least one of the following options: 0-5
- A full year of Chemistry or Physics with semester grades of C or better from an accredited secondary institution
- CHEM 101 Introductory Chemistry (4)
- PHYS 105 Introduction to Physics (5)

Religion
- Take at least 9 hours of religion coursework 9
  Include completion of sections A, B, C, and D listed below.

  A. Prerequisite:
  One of the following options:
  Two full years of Christian religion courses with semester grades of C- or better at an accredited secondary institution
  Successful completion of a waiver exam
  RELT 105 Biblical Foundations (3)

  B. Encountering Jesus:
  RELB 150 Encountering Jesus (3)

C. Understanding Christian Faith and Foundations:
  Take an elective course from RELB, RELH, RELP, or RELT. (Note- students required to take RELT 105 to meet section A above may apply the course to this requirement.)

D. Exploring Seventh-day Adventist Life and Thought:
  One of the following courses
  - RELB 375 Adv. Studies in Apocalyptic (3)
  - RELH 120 Intro to Seventh-day Adventism (3)
  - RELH 235 Life & Ministry of Ellen G White (3)
  - RELH 360 Adventist Heritage (3)
  - RELT 220 Seventh-day Adventist Beliefs (3)
  - RELT 336 Current Issues/Seventh-day Adventism (3)
  - RELT 337 Last Day Events (3)

The A.S. degree with a major in Nursing includes an additional 70 hours of major courses that are completed subsequent to admission into the program.

A.S. Program Admission Requirements

> Admission Requirements:

Admission requirements are those published in the General Catalog in effect during the year of the student’s admission to the Nursing Program. The Nursing and Health Sciences Department reserves the right to admit or deny admission to individuals applying to the Nursing Program.

Admission is competitive and candidates are evaluated based on:

a) Complete prerequisite courses (MATH 096, CHEM 101 or PHYS 105, ENGL 101, BIOL 101 or BIOL 102, NURS 110) with a grade of C or better in each course:

b) College GPA calculated on cognate and GE courses required for the A.S. nursing degree (excluding religion courses and courses that may be completed in high school). The minimum GPA for nursing applications is 3.0 and each course must be passed with a C or better.

Preference will be given to applicants who have both a GPA above 3.3 and have completed at least 12 units of nursing-required courses at Pacific Union College. Having repeated cognate or GE courses after receiving a final grade of less than C reduces an applicant’s chance of admission.

c) ACT English test score of 19 or better.

d) TEAS (Test of Essential Academic Skills) Academic Preparedness score at the Proficient Level or better.

See the General Catalog and the A.S. Nursing Application Packet for specific details related to eligibility, selection, and the application process.

> Admission Procedure:

Applicants must submit an application for admission to the Nursing Program. Information regarding the admission procedure, including the application packet, is available from the Nursing and Health Sciences Department.

Transfer, Challenge, and Waiver Options:

Contact the Nursing and Health Sciences Department.
### Occupational Information

Additional helpful information may be found at [http://www.nursingworld.org/especiallyforyou/studentnurses.aspx](http://www.nursingworld.org/especiallyforyou/studentnurses.aspx).

### Professional Education Options

Several types of basic nursing programs exist. The most common are:

- **Associate degree**– a two-year nursing program in a junior or four-year college. Major emphasis on nursing theory and clinical practice plus general education courses including the sciences. P.U.C. offers the A.S. in Nursing.

- **Baccalaureate degree**– a four-year nursing program in a four-year college or university. Major emphasis is on nursing theory and clinical practice plus general education courses including the sciences, leadership, and community health. PUC offers the B.S.N. degree as the second step in a 2-step process (A.S. then B.S.N.) for students wishing to complete a baccalaureate degree. Students are strongly encouraged to consider the baccalaureate program and to plan ahead for the course requirements during the selection of courses. (See the following column for a sample four-year curriculum.)

Prospective students who are LVNs or RNs seeking a B.S.N. degree should obtain additional information from the Nursing and Health Sciences Department.

### Necessary Qualities

According to the National League for Nursing, “Intelligence and the qualities associated with it—alertness, good judgment, a sense of responsibility—are more important than ever today.”

The association goes on to say, “...the ability to use your brain power and to master the information and techniques required in whatever nursing situation you find yourself are mandatory.”

Education for a degree in nursing is not easy. Students need good study habits and concentration, good health, a desire to serve, motivation, perseverance, self-discipline, a love for people, sympathy for those in trouble, understanding and tact to help people meet their problems, patience, tolerance for people’s weaknesses, adaptability and a sense of humor.

### Accreditation

The A.S. in Nursing is approved by the California BRN (Board of Registered Nursing). The A.S. and the B.S.N. in Nursing are accredited by the ACEN (Accreditation Commission for Education in Nursing).

### Sample Four-Year Program

This sample curriculum is designed to show you how a program may be constructed. It is not likely that these courses can always be taken in the order given. The sequence of classes will change if the nursing program is started in a different quarter. This sample curriculum assumes a high level of preparation for college, including a strong high school GPA and successful completion of certain high school courses. Your pre-nursing advisor will review your preparation and help you design a personalized program of studies.

#### First Year

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Total credits: 16 16 15 4

#### Second Year

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Total credits: 16 16 16 4

#### Third Year

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<td>Health Ed, Promotion, &amp; Self Care</td>
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Total credits: 18 14 18 18

### For More Information

Nursing & Health Sciences Department, Pacific Union College
Lorie Johns, Pre-Nursing Advisor
One Angwin Avenue, Angwin, CA, 94508
(707) 965-7626, www.puc.edu/nursing

California Board of Registered Nursing (BRN)
P.O. Box 944210, Sacramento, CA, 94244-2100
(916) 322-3350, www.rn.ca.gov

Accreditation Commission for Education in Nursing (ACEN)
3343 Peachtree Rd NE, Suite 850, Atlanta, GA, 30326
(800) 669-9656, www.acenursing.org